Nahgahchivanong (Far end of the Great Lake) Dibahjimouinnan (Narrating of Story)



The Carter Hotel was torn down Feb. 26 to make way for an employee parking lot behind Fond-du-Luth Casino.

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Local News

Lt. Governor and Commissioner of Higher Education visit FDLTCC

By Zachary N. Dunaiski

he Fond du Lac Tribal and Community College (FDLTCC) had many community members as well as students in the atrium Mar. 4, when Lieutenant Governor Peggy Flanagan and Department of Higher Education Commissioner Dennis Olson Jr. came to talk to the community about higher education and answer any questions they may have had.

All in all they were at FDLTCC for a little over two hours, something that Olson, a Fond du Lac Band member, was familiar with and it reminded him of all the time he spent there in his youth.

"This feels like home, because like many of you who showed up here today to hear from us and ask questions about myself and the lieutenant governor, you know how important tribal colleges are," Dennis said to a crowd of students, faculty, and community members. "The reason why they feel like home is because vou see our culture here. You see Ojibwe culture, you see native culture, you see native staff and faculty, you just feel at home. I feel that as soon as I pull in and see the pine trees and immediately walk in and am greeted in a good way."

Dennis talked about how he was chosen for the position and how his experience with the Band and with Tribal colleges made him a good choice to be the Commissioner of Higher Education.

"Finding those leaders who are going to be leading state agencies and in going through that process we were asked a lot of tough questions. One of the questions that I really appreciated, and more so finding out





Above left, Lt. Governor Peggy Flanagan, FDLTCC Interim President Stephanie Hammitt, and Commissioner of Higher Education Dennis Olson Jr. Above right, Lt. Governor Peggy Flanagan sharing a few words with FDLTCC Interim President Stephanie Hammitt before speaking Mar. 4

after the fact that everybody was asked about this, but I specifically remember Lt. Governor Flanagan talking to me about not only my experience and background and how important it is for us to look at native issues and to look at key pieces of native issues that impact education and vice-versa. The Lt. Governor had asked me what do you know about Tribal Colleges and more importantly why are they important? Its further reasons why I just mentioned that you see your culture reflected here, you see family reflected here, you see Anishinaabe language and more importantly they're close to home and students truly treat each other like family," Dennis

"I had answered that truthfully. I believe in the importance of all of our higher education because they all offer a unique pathway to employment and career options. To recognize how important, here in Minnesota our Tribal colleges are and more importantly Fond du Lac, because FDL is an institution in our Minnesota state system for pathways to even more opportunities after FDL. Of course just to know that the community sees you, needs you, and respects you here at Fond du Lac is critically important."

Olson is very proud of the budget that the Governor and Lt. Governor put forward as it made an emphasis on the students first, something those in attendance at FDLTCC that day were very happy to hear.

"We understand how critically important it is to have students here not only attend class and be part of the community but also feel like they have enough money in their pockets to be able to take care of the other things that life brings. So what I'm most excited about is the investment in the state grant program to put more money in students' hands to be able to handle those living expenses. Like paying rent, childcare, gas, taking care of some of the things that aren't talked about when we talk about college. Secondly it just reduces the amount you and your families have to borrow."

Lt. Governor Flanagan was honored to be at the school and after she spoke, she and Dennis answered many questions from the audience on a variety of topics. But before they did, she showed her appreciation for Fond du Lac as well as Dennis.

"Commissioner Olson is very humble and I appreciate his leadership. We were students together at the University of MN and we were both teaching assistants," Flanagan said. "Commissioner Olson is the first American Indian Commissioner of Higher Education, and that's big. I know that as the first Native woman to serve as Lt. Governor, I know we both take those roles very seriously. We're both trying to do good by the entire state of Minnesota but especially by our own people and the community."

The two then fielded many questions from people who attended the event. Their plan is to visit as many people in the state as they can to get their input on how things should be handled at the state level.

-

7



Sillies on the Sidewalk

By Zachary N. Dunaiski

very year at the end of spring, WKLK hosts their annual Sillies on the Sidewalk event to help raise money for the Carlton area food shelf.

Fond du Lac has helped WKLK over the last several years in raising as much money as they could. Tammy Anderson, Mike Diver, and Miyah Danielson gave the biggest effort in helping raise as much money as they could.

"We started at the Tribal Center, taking donations," Tammy said on the radio on Mar. 22, the last day of their month long fundraiser. Their efforts had also led the Fond du Lac Reservation Business Committee to offer up a match.

"Fond du Lac matched us up to \$500. We raised \$639 so we have a total of \$1,139," Tammy added.

Since then they've raised even more money, bringing their total up to \$1,199. That amount of money is enough to support the food shelf for an entire month. It is enough money to cover two food orders from Second Harvest. So it will go a long way to helping people all throughout Carlton Co.

"Like I said last year, you guys are part of the Fond du Lac family so we enjoy helping out," Mike said on the radio show.

Fond du Lac would like to extend a thank you to Tammy, Mike, Miyah, and anyone who helped raise money for the food shelf.

Carter Hotel comes down

By Zachary N. Dunaiski

Pond du Lac began to move forward with the project of tearing down the old Carter Hotel building behind Fond-du-Luth Casino in downtown Duluth Feb. 26.

The Carter Hotel, which was purchased by the Band back in 2010, was on designated sovereign land much like the neighboring casino. Many parts of the old building are being recycled with certain pieces from the old building being resold, such as I beams.

The teardown, which began early in the morning a day later than planned after allowing time for an inspection of a retaining wall to be completed, will eventually be the site for an employee parking lot.





Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski zacharydunaiski@fdlrez.com • (218) 878-2682 The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

RBC Thoughts

Boozhoo,

pring is on our doorstep although winter is hanging tough on Fond du Lac. I hear people talking about the preparations for sugar camps and fishing. The snow is melting and the

streams are beginning to open so the spring activities aren't far off. This past winter seems to have been extralong and I am ready

for it to end as most of you probably are.

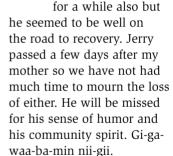
This past month has been a difficult one for our family. We celebrated the 65th wedding anniversary of my parents on Saturday and a few days before my mom passed. She had been sick for a while but her death was hard on all the family. For the past 35 years I have lived across the street from my mother and seeing her home

now is difficult for me. I do

want to thank all of you who sent your condolences as it really made this difficult time a little less painful. Gi-gawaa-ba-min Mom, I will see you again.

The second tragedy that we faced was the passing of my sister Linda's husband Gerald

Savage. Gerry was the previous manager of our gaming facilities. He worked for Big Bucks and Black Bear for many years, retiring a couple of years ago. He had been sick



The RBC hired a new Enterprise Executive Director. His name is Terry Savage.

He began his assignment on Mar. 25. I look forward to working with him to increase our market share with our enterprises.

The last thing I would like to share with you is the effort to reform our constitution is beginning to slow. We need to make a commitment for change for our children's sake. There are few times when action is necessary and this is one of them. We need to continue to support the effort to make the necessary changes by becoming involved in the process. As my father once said to me, if not you, then who? Let's get involved.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.

Cloquet News

Hello All

Just to give an update on the train derailment that occurred on the Reservation. Cleanup efforts are still underway and our environmental staff is monitoring all progress.

38 rail cars spilled their contents along and into the St. Louis River. As of now, it is reported that 125 tons of the coal that was spilled into the St. Louis River has been recovered so far. After snow melt, the crews

will be coming back to the site to restore and revegetate the on shore damages. I am sure we will be haunted by this disaster for some time to come.

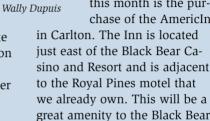
Also, during the month we were hit with record snowfall accumulation, and as I write, we are now in planning stages for snow melt flood preparedness. In addition, our public works department and shoveling crews were extremely busy this snow

season keeping up with snow removal throughout the Reservation! Thank you all for your hard work.

As spring arrives, our Natural Resource Department is getting ready for the spring spearing and netting season. They have been setting up a list of lakes

and limits for the harvest season. Please see our Natural Resources webpage for accurate up-to-date information.

A major purchase that our Band made this month is the purchase of the AmericInn



Casino and Resort.

As always please feel free to call or write, as I look forward to hearing from you. Cell (218) 428-9828, Office (218) 878-8078 or email wallydupuis@fdlrez.com



Ferdinand Martineau



RBC Thoughts

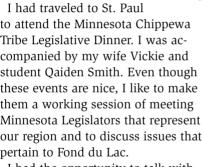
Roger M. Smith Sr

Brookston News

Boozhoo,

apologize for missing last month's article as I had been preparing for the State of the Band Address. I would like to thank all those that came out to the State of the Band Ad-

dress and also staff that came out to provide informational booths about their programs. From looking at the survey that was taken for the event, it looked like everyone liked the format and the program that was provided to everyone.



I had the opportunity to talk with many about our recent train derailment and the difficulties that we had in the beginning with the willingness of BNSF Railway to communicate with the Band. After several phone calls from not only Fond du Lac, but MN Congressional Representatives to explain to them that they had to understand they were on a Sovereign Nations Land that had its own Laws and Ordinances.

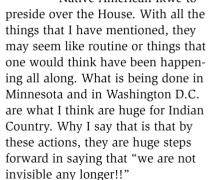
We also heard from Lt. Governor Peggy Flanagan of what was being proposed in the Governor's budget. She had talked about proposed funding and recognition of Traditional Healing with the Tribes of Minnesota, \$150K in proposed funding for the formation of a Task Force to study Missing and Murdered Indigenous Women and Girls to end the vio-

lence and funding to more effectively protect American Indian Cemeteries against desecration. I also followed up on Representative Mary Kunesh-Podein introduction of bill to Authorized the Formation of MMIW Task Force. So in the end it was a very successful dinner as I was able to network and speak on the issues that

Fond du Lac is faced with.

It was reassuring to hear
the support we have from
our Congressional Representatives. During this time
we also had the opportunity to see history being
made with Representative

made with Representative
Deb Haaland be the first
Native American Ikwe to



Closer to home we had a community meeting about the water situation in the Mahnomen/Pine Dr. Housing area. I was glad to see some residents attend and ask questions. I have asked Jordan Vandal, our Water/Wastewater Manager, to work on putting the slide presentation on our website with some narration. This will allow those that could not attend the opportunity to understand what the issue is and what is being worked on to correct the issue.

We also had an opportunity to have Minnesota Attorney General Keith Ellison meet with us. It was nice to hear how much he appreciated the support that came from voters in Indian Country. This was a visit that was the result of previous conversations with him at Inauguration ceremonies and the small meet and greets that

I had mentioned in previous articles.

I hope that everyone is looking forward to the warmer weather and getting ready to harvest sap for maple syrup. With the warmer weather comes the melting of the snow and spring runoff. I ask that evervone keep our Brothers and Sisters from other Tribes in their thoughts as some are/will experience severe flooding. I would also like to offer condolences to the White Earth Nation as they have recently lost their Tribal Chairman Terry Tibbetts.

Chi Miigwech, Roger Smith Sr. Brookston Representative (218) 878-7509 rogermsmithsr@fdlrez.com



Above, Vicki Smith, Lt. Governor Peggy Flanagan, and Qaiden Smith Below, Minnesota Attorney General Keith Ellison and Roger M. Smith Sr.



We Are Water MN exhibit at Great Lake Aquarium

By Zachary N. Dunaiski

his month at the Great Lake Aquarium, the Fond du Lac Band has been hosting the "We Are Water MN," a traveling exhibit and community engagement initiative.

"We Are Water MN" is a partnership among state agencies and host sites, formed to tell Minnesota's water stories collaboratively, bringing together personal narratives, historical materials, and scientific information. This interactive exhibit showcases our human relationship with water with special emphasis on water stories from the Fond du Lac community.

The exhibit started on Mar.

The exhibit started on Mar. 10 with an opening ceremony where many people spoke about how this whole project came together. One of the people who spoke was Fond du Lac Chairman Kevin Dupuis Sr.

"The water holds a connection to all of us. Just think about it, when you go to the lake early in the morning you look out over the lake, you don't know why you do it, but you do it. Everybody does it," Kevin said about our connection to water that lives in every single person no matter who you are.

"We look over the lake for whatever reason that is. We're drawn to it for whatever that purpose is. I want everybody to think about that when they go to a lake. If you go fishing or you just walk, everybody looks at that body of water for whatever reason. There is just something about it," Kevin added. But for him it's a per-

sonal reason.

"I look at it this way, I know I'm supposed to be there but that's what I do all the time. It's drawing us, we belong to it. We can't do this without water. We can't move into the future without water. We can't live, nothing can live, without water. So it's very important that we come together, with things like we're doing right now, to communicate to people and have this simple understanding that it's very, very important."

Kevin is very passionate about the water, and is glad that Fond du Lac employs such dedicated people for not only projects like this, but also the employees that have helped during the train derailment.

"What impressed me more than anything is our staff. And when you have a staff the way that we do. That works diligently to ensure that this is taken care of in the best way possible and its future for our people and all people," Kevin said about the derailment in terms of protecting the water, talking specifically about his recent trip to D.C. "It tells you as humans beings are at the forefront of something and if we don't come together and we don't fight this issue in the manner we're supposed to fight and we don't look out to protect one another, we're not securing a future for our people. Not just indigenous people, but all people."

As a part of the exhibit's stay in Duluth, Fond du Lac is also hosting a series of events about water throughout the region.

The following is a list of events still to come in April.

Apr. 4 – Treaty Fishing Rights
Panel at Great Lakes Aquarium
Apr. 6 – Native Plants and
Herbal Concoctions Workshop
at Great Lakes Aquarium
Apr. 12 – Fond du Lac Youth
Climate Convening 12 p.m. to
3:30 p.m. at Fond du Lac Tribal
& Community College
Apr. 12 – "Photo, food and
water" – photography display,
wild rice cook-off and the
Water Bar at American Indian
Housing Community Housing
Organization

Apr. 18 – Blue Heron Shipboard Science at Great Lakes Aquarium

Apr. 22 – Earth Day event, details TBD

Please visit our Facebook page for up-to-date information on all of the events: https:// www.facebook.com/FDLwearewater/

"At Great Lakes Aquarium, we foster visitors' sense of place, a feeling of connection to our local landscapes, waterways, and wildlife. This exhibit and event series does just that. It showcases the personal stories, scientific research, and creative endeavors of people in our watershed. We are grateful for the opportunity to collaborate with the Fond du Lac community on this project and look forward to engaging people with water through the We are Water exhibit", said Sarah Erickson, Great Lakes Aquarium Director and Learning and Engagement.

Shannon Judd, Fond du Lac Band of Lake Superior Chippewa Environmental Education and Outreach Coordinator, says "We are really excited for this exhibit to begin. It emphasizes the importance of water to this



Chairman Kevin Dupuis Sr. speaking at the opening ceremony for We are Water MN

region and specifically showcases the Fond du Lac Band's relationship with water. Being placed at the Aquarium gives the exhibit great visibility and elicits a feeling of the deep connections we all share with water. Our team has worked hard planning for this exhibit and our hope is to create an experience that will enhance people's own relationship with water while also highlighting the importance of the connection between the Fond du Lac Band of Lake Superior Chippewa and water in this place."

"In 2016 and 2017, MHC was honored to host the Smithsonian's Museums on Main Street exhibition, Water/Ways," says **Humanities Center President** and CEO, David O'Fallon. "During the planning and implementation of Water/ Ways, MHC and their partners identified an opportunity to more fully tell the story of Minnesota's relationship with water and developed an accompanying exhibit all about water, relationships and the humanities in our great state. Thus, "We Are Water MN" was born. We are thrilled to be able to continue sharing this exhibit with the state. We thank the Fond du Lac Band of Lake Superior Chippewa and Great Lakes Aquarium for hosting this one-of-a-kind exhibit and having an important conversation about the needs and realities of water in our state."

In addition to Fond du Lac and Duluth, the exhibition will tour seven other communities in Minnesota from Oct. 12, 2018 through Nov. 2, 2019. Host communities include: St. Paul, Bemidii, Crookston, Austin, Northfield, Grand Rapids, and Onamia. "We Are Water MN" is a partnership of MHC, the Minnesota Pollution Control Agency, The Minnesota Historical Society, and the Minnesota Departments of Agriculture, Health, and Natural Resources and is supported by the Arts & Cultural Heritage Legacy Amendment from the state of Minnesota. More information about the exhibition can be found at https://mnhum.org/ we-are-water-mn/.



ence. This conference was initiated through the goals of the Eliminating Health Disparities Initiative (EHDI) grant for adolescent health which focus on preventative topics for Native American vouth.

High school and middle school students attended from Carlton, Cloquet, and Fond du Lac. Each day was opened with a blessing. The first day, Lyz Jaakola began with a song and blessing. Then the youth attended presentations on safe driving and LGBTO + education. The day concluded with an outdoor activity by FDL Resource Management program where the youth had a choice to snowshoe or play snow snakes.

The second day, Charlie Smith shared cultural knowledge and a pipe ceremony. Then, the Indigenous Peoples Taskforce youth theater presented their play called "Everything is a Circle" on historical trauma. After lunch two young community members, Kello Brown and Jordan Diver shared their inspiring journeys to success. The day was concluded with cultural teachings by Joseph Suther-

Each day vendors engaged with the youth on sexually transmitted infections, pregnancy prevention, college programs, and prevention and intervention topics. The vendors included; Lutheran Social Services, Prevention and Intervention department, Maternal Child Public Health Nurses, and Fond du Lac Community and Technical College.

We, at the Community Health Department, enjoyed planning and implementing this for the youth. We want to thank the youth that attended and their parents for sending them. We appreciate all the community collaboration that we received. Miigwech!





and legislation regarding climate, such as the Green New Deal.

Shannon Judd and Ariel Johnson have been working with the students to plan, organize, and implement a Youth Convening event focused on informing participants about climate change and local solutions to climate change. As part of the mentorship program, students were able to attend the event in St. Paul to invite their Representative to the event and communicate their concerns about climate change. In addition to visiting with their Representative, students also toured the Capitol and learned about how the history of Minnesota is intertwined in the architect of the building. This also included paintings in the building and how they portrayed the history of Minnesota.

Cordelia, a ninth grader at Fond du Lac Ojibwe School, stated that "[the trip] was really fun and was very informational."

Michael, a junior from Cloquet High School, commented that, "The State Capitol trip was an amazing opportunity for me. I learned a lot about the history of the State Capitol, and got to speak and shake hands with Mike Sundin. It was a day I won't forget, that's for sure."

Johanna, 6th grader at Minnesota Virtual Academy, stated that "the trip was a powerful experience and I learned a lot about our State Capitol."

The students will be hosting their Youth Climate Convening event on Friday, April 12 at the Fond du Lac Tribal and Community College with a resource fair starting at noon and the convening starting at 12:30 p.m. Storytellers and workshops will assist in providing information on climate change and solutions that are taking place locally to combat climate change.



AICHO receives support from Essentia

The American Indian Community Housing Organization (AICHO) announces support from Essentia Health for the Niiwin Indigenous Food Market in the amount of \$50,000. This support will assist the Niiwin Indigenous Food Market project to secure start-up equipment and farmers' market activities during development.

In July 2018, AICHO purchased the former corner grocery store, the 4th Street Market, in the Duluth Central Hillside neighborhood and is in process to renovate the property into an Indigenous food market, deli with healthy, Indigenous grab-and-go options and coffee shop with community education/meeting space. Healthy, fresh food will be available, increasing access to a low-income neighborhood, and creating regional access to nutrient-dense traditional Indigenous food products. This support strengthens AICHO's efforts to create community engagement in food sovereignty principles and collective community shifts in healthy eating practices through improved access.

Jasmin Budreau awarded Spirit of Sovereignty Scholarship

Jasmin Budreau, a student at Fond du Lac Tribal and Community College, was

awarded the 2019 Spirit of Sovereignty Scholarship, which is given to well-qualified students attending tribal

colleges across the country. Scholarship recipients are selected by their college, and funds can be used for any education-related expense, including but not limited to tuition, books. housing, travel and childcare.

Budreau is a 2017 graduate of Cloquet Senior High School in Cloquet, Minnesota, and will graduate in May 2019 from Fond du Lac Tribal and Community College with an Associate of Arts Degree. Jasmin plans to continue her education by transferring to a four-year college in Washington or Colorado and major in sociology and psychology, with a minor in American Indian Studies. She has a career goal to work in youth advocacy.

Budreau has been involved in 4-H. Lax-4-Life youth lacrosse camps, and working with youth at the **Brookston Community** Center. Jasmin credits her internship working with youth on the Fond du Lac Reservation as the inspiration to pursue a career in advocacy and helping young people. She also represented Fond du Lac Tribal and Community College as a member of

the delegation participating in the American Indian Higher Education Consortium's 2019 Legislative Summit in

> Washington, D.C. Spirit of Sovereignty is a National Indian Gaming Association (NIGA)-advised fund at the Indian Land Tenure Foundation (ILTF), a national 501(c)(3) non-profit organization based in

Little Canada, Minn.

The Spirit of Sovereignty receives financial support from NIGA member tribes and associate business members, and from individual contributors who want to make higher education a reality for Native American students. For more information, visit www. spiritofsov.org.



Class Size limited to first 15 Cloquet Community Center - Classroom students to sign up: 1720 Big Lake Road Cloquet, MN 55720



Call 218-878-8188 to register or

Students (Kiwenz Camp 2018:) Owinini Neadeau and Lee Stan

April 27, 2019



(Joyce LaPorte)

Contact person: 218-575-5158 Janis Fairbanks, Anishinaabemowin Coord.

CDL training finishes up another successful class

In the back portion of the parking lot of the Black Bear Casino and Resort was a class for individuals to obtain their CDL driving license.

Nine students took the class with five trainers to give them instructions. The class featured 80 classroom hours as well as 80 hours behind the wheel.

This partnership with the teamsters and the Bands will give Band members many great career opportunities.



L to R: Michelle Martin (trainer), Jason Goward, Billy Jo Boyd, Mike Schweitzer (trainer), Leslie Peterson, Chad Ward (Trainer), Michael Peterson, Michael LaBorde (training director), Lee Robinson, Dawn Aubid, Lance Esko, Daryl Aubid, and Robert Miller (trainer). Not pictured Travis Brown.

The Amazing 1848-1849 Lake Superior Delegation to Washington D.C

Research by Christine Carlson

embers of the Lake Superior Delegation
This delegation
left the Lake Superior area in
October of 1848. Following is a list of the delegation:

Osh-ka-ba-wis – Chief and orator of the delegation from Wisconsin River Band and representing the Crane Totem.
Wai-mi-tig-oazh – (He of the wooden vessel) from the Marten

Naganub - (Forward) Chief of the Fond du Lac Superior Mary Naganub - wife of Chief Naganub

Oug-gua-sug - (Floating Wood) Chief of the Ontonagon River Band

O-ge-maw-ge-zhick - (Sky) Chief of the La du Flambeau Band representing the Marten Totem Pum-ma-way-ye-one-no-qua - (Woman of the murmuring stream) also known as Nancy

and her six-month-old baby.

Nancy is the wife of O-ge-maw-ge-zhick and he is the orator of the delegation.

Ma-ka-ta-wah-ja – Head warrior of the Fond du Lac Band **Keisk-keock** or **Kiskok** or

Keesh-kawk - (Precipice Leaper) Second Chief of the Fond du Lac

Waug-ge-win-naw – (Crooked Horn) Head warrior of the Lac Vieux-Zair

Kaw-zhe-aush – (Fleet Runner) Head Chief of the Vieux Desert

Ah-nie-wah-bun-dung – (the Overseer)

Mo-zo-mah-na - Head Sioux Warrior of the Mississippi who joined the delegation and was permitted to accompany them. Major John B. Martell – Director of the delegation from Sault St.

Indian Incidents from their Trip – Rockford Free Press of March 24, 1849

The first of these has reference to one of the women, whose name is Pum-ma-wav-veone-no-qua, or Woman of the murmuring stream. She is the wife of the orator of the party. and when she left Lake Superior in October last she brought along her only infant, aged about six months. On the arrival of the party in Philadelphia, the child was suddenly taken sick and died. The grief of the mother knew no bounds, and for several entire days did she hang over her child, ever and anon giving utterance to a monotonous wail. and decking its head with all the ornaments in her possession. All this was noticed by Maj. Martell, who conceived the idea of having a daguerreotype likeness taken of the child, and this having been accomplished, the child was deposited in a vault and the likeness given to the mother.

On Monday night last, while one of the chiefs composing the Chippewa delegation was relating a story to the writer of this article, and in the presence of the entire party, an allusion was made to the nature of death which caused the childless mother and her husband, as they sat together on the floor, to bow their heads and weep.—The story proceeded, but we watched with interest the movements of the bereaved mother Then it was that we saw her take from her bosom, (As if unconscious of the company present) the portrait alluded to, and, as she pressed it convulsively to her lips a number of times, she accompanied each movement by this exclamation, "Oh my poor child! My poor child!". She then handed the picture to her husband, and his keen black eve filled with tears, he also kissed it a number of times, and returning it to his wife, he then turned his face toward the story teller, as if endeavoring to follow him, while the wife immediately dropped her needles and hid her face in the lap of her husband.

A more touching picture of grief than this we have never witnessed: but Mai. Martell tells us what he saw is only a repetition of what he has seen a great many times since he left Philadelphia. The unhappy parents, he tells us are always the first to awake in the morning, and they never resume their daily duties without first putting their heads together over the precious picture for the purpose of uttering an incoherent prayer. The one idea which seems to absorb the mind of the benighted Indian mother is this, that she may yet return to Philadelphia, and upon her own back carry the remains of her offspring to the burial place of her father in the remote wilderness.

The second incident which we have alluded is of a very different character from the above, and is as follows: Five members of the Indian party already mentioned, lately went out in the afternoon, to enjoy an airing. They strayed over the Long Bridge across the Potomac and having been treated to a comfortable glass of liquor by some kind friend, they continued their walk until they reached a pleasant woods on one of the hills looking down upon the Potomac. They had their bows and arrows with them; and succeeded in killing a rabbit and two or three small birds. Night came on, but instead of returning to their comfortable quarters in the city, (for the weather was cold) these wild fellows kindled a fire in the woods, and having enjoyed a genuine Indian repast sang a number of strange songs, they erected a few boughs over their heads, and there enjoyed a sound sleep until the morning.



Symbolic Petition of Chippewa Chiefs Quilt being held up by Wayne Dupuis and Linda Whitebird. Photo courtesy of Louwanna Johnson

They returned to the city on the following day, apparently greatly benefitted by their temporary release from the oppressive confinement of the metropolis.

Items Brought with the Delegation

Brought with them were three exquisite birch bark canoes which were full of supplies for hunting and war. The delegation was dressed in full regalia with a profusion of trinkets, claws, feathers, porcupine guills, and snake rattles. On the chest of the principal chief Oshkabawis was a massive gold ring and a silver medal presented by the younger President John Quincy Adams as a token of peace and friendship in August of 1825 at the treaty meeting at Prairie du Chien. This was a treaty of friendship between the United States and the Ojibwa, Sioux, and other Bands.

Stopping Along the Way

In Cincinnati the delegation gave exhibitions to help defray their expenses. Another place they camped was at Bloody Island near St. Louis where they made ornaments from what was available in the area to bring to Washington. The delegation traveled over 3,000 miles for this important trip.

Some Information on the Pictographic Quilt Hanging on the Second Floor of the Natural Resources Building.

This beautiful pictographic quilt is hanging on the wall of the second floor by the copy machine in the Natural Resources Building on the Fond du Lac Reservation. The Lake Superior delegation brought a petition that was depicted on five sheets of the inner rind of the betula papyracea, or white birch from the Northern forests. The work was done partly by pure symbols and partly by representative figures. It was presented to President James K. Polk.

In 2018, the above quilt was recreated and pieced by Fond du Lac Band member Shirley Schleret and machine quilted by Kathi Eames at the request of Reggie Defoe.

-



blackbear casino resort.com



See Player's Club or blackbearcasinoresort.com for official rules. Owned and operated by the Fond du Lac Band of Lake Superior Chippewa. Management reserves all rights.

FDL Law Enforcement News

Chief of Police update

Boozhoo from the Fond du Lac Police Department! On Feb. 27, 2019, the Police Department had their annual department awards ceremony at the Black Bear Casino, this ceremony is to recognize officers and department employees who go above and beyond their normal duties, and go the extra mile each day they work.

The Department employees that were recognized at the banquet were Administrative Assistant Annette Rennquist who was awarded the "Distinguished Service Award" for her continued excellence in making sure day to day operations at the Police Department run smoothly and efficiently, and to assist Officers with their day to day functions.

Officer Chad Pattison was awarded the "Community Police Officer Award" for his excellent work in the FDL community by planning and organizing all of the police department community events throughout the year. These events are pivotal in maintaining good community relations.

SGT Casey Rennquist received the "Leadership Award" for the second year in a row, for his continued excellence as a true leader in the department, who leads by example, and always puts the well being of his officers and the department first while he is on duty.

Officer Nils Hansen was given the "Officer of the Year Award" for his continued excellence in service to the Fond du Lac community, and his great work ethic and service to the Fond du Lac Police Department. The department also received training from the First Witness Child Advocacy Center on their protocols for initiating child forensic interviews.

The Fond du Lac Tribal and Community College held a high school career fair day on March 13 where the department had a table manned by Officer Chad Pattison for interested high school students to ask questions about a career in law enforcement. Officer Nils Hansen attended BCA Basic Narcotics Investigation Training March 12-14 in St. Paul.

On April 5 Officers will be conducting ALICE Training for the FDL Head Start staff. On April 10 and 17, the department will have a table at the TERO Job Fair at the Black Bear Casino, and the FDLTCC Law Enforcement Job Fair at the FDL College. Also on April 17 the annual "Cops VS. Ogichidaag Basketball Team game will take place at the OJS School gym at 1:30 p.m. The game is open to the public and a 50/50 money drawing will be held during the game to benefit FDL athletics along with other halftime drawings. The traveling trophy for this game is currently being held by the FDLPD!

The police department would also like to wish a belated happy birthday to Investigator Kelly Haffield in February and a happy birthday to Officer Chad Pattison in April.

Officer Spotlight: Ray Couture

y name is Ray Couture. I'm 38 years old, married and have three children. I have worked for the Fond du Lac Reservation most of my adult life. I've worked in the Black Bear Casino and for the last 11 years. I have been a patrol officer for the Fond du Lac Police Department.

I believe the community policing model is very important for both the police department

and the community. The community needs to trust its officers and the officers need to trust their community. I believe that when the community can relate to an officer and knows that officer they're more relaxed. And when we need them for help, they're more willing to speak with us and make the community safer.

Something that is unique or interesting about me would be that I am very hardworking. I enjoy a little bit of everything. I don't like to sit around and watch TV, I always have to be doing

something. I'm involved in amateur radio and have been since I was little. I currently possess an amateur radio license from the FCC and am interested in communications.

I believe the reason I wanted to be a police officer is after I worked for the Black Bear Casino, I went to possess my class A CDL driver's license and drove truck. Seeing several bad drivers on the road that had been in accidents, I always wanted to stop and help. Not necessarily to be nosy and see what's going on, but when I see somebody that's in need of help I always want to help. Being a police officer, I wanted to do primarily traffic enforcement and education. Being a commercial truck driver I feel like I had a large knowledge of the commercial aspect of that and the safety. I just like talking to people and engaging with them.

I chose to work for FDL because I grew up in

this community. I've lived in Cloquet most of my life and all of my childhood I lived on the FDL Reservation. I lived in the Cloquet district and also Brookston District. Working for a community that I grew up in was important to me. Especially because not only did I live in that community, but my family and friends live here. FDL has been gracious enough to give me that opportunity and I enjoy serving the community that I live in.

My favorite part of working for FDL is that FDL is a very different agency compared to the

city of Cloquet or surrounding police departments. FDL has a lot of diversity and working with several different ethnic backgrounds you get to see different ways of how people live their lives. If you want to work in more urban areas you can, or if you want to work in more rural areas you can.

The most satisfying aspect of being a police officer is knowing that when I get done with my shift, I know that I did what I could do to help the community. If that's pulling a drunk driver off the road or helping a family that just lost their home or taking an individual away from someone that has been

from someone that has been hurting another person, I feel like I've done my part. A lot of people see the police as the bad guys. People don't call the police when they're having a good day. It takes a toll on an officer to see that every day. There is also good in people, and looking for the good in people is what you need to focus on.

What most people don't know about me is that I have been very involved in aviation. I would love to be a pilot someday. But being a pilot costs a lot of money. When I was younger I was involved in the young eagles program and had the opportunity to fly in a Cessna aircraft and to operate the controls. To me that was very exciting and someday I hope to obtain my pilot license.



Ray Couture

Nagaajiwanaang Genawendangig Anishinaabemowin 2019 Language Program News

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DATE	EVENT	PLACE	TIME
Every month Meet the last Wed. of every month	Book Club (books are members choices)	Brevator Language House	12:30 – 1:30 Lunch included
April 27, 2019 Saturday	Hands-on faceless doll making session by artist Joyce LaPorte	Cloquet Community Center Classroom	9:00 – 3:00 p.m. Lunch served – sign up limited to 15 first come-first served Call 218-878-8188 to register or send email request to janisfairbanks@fdlrez.com
May 18, 2019 Saturday	Minnesota Indian Affairs Council – Legacy Amendment funded Language Program Project Celebration and release of 4 Ojibwe Language CDs and a youth Youtube video	Cloquet Community Center	10:00 – 3:00 p.m. Lunch served Register by calling 218-878-8188 and leave your name and phone number
June 14, 15, 16, 2019	Kiwenz Language Camp	Kiwenz Campgrounds	8:00 a.m. – 9:00 p.m. daily Friday and Saturday and 8:00 – noon Sunday
July 2019 DATE TBD	Blueberry picking field trip	Brevator Language House	Time TBD
August 2019 DATE TBD	Medicine Gathering Field Trip	Location TBD	Time TBD
September 2019 Date TBD Thursday and Friday	Wild Rice Camp & Festival with Russ and Deb Northrup	Brevator Language House	Day 1: Harvesting Wild Rice Time TBD Day 2: Feast & celebration
October 17 & 18, 2019	Hand drum making workshop with Ozaawaagwaneyaash Gresczyk	Brevator Language House	Thursday 10 – 5 & supper Friday 10-2 & snacks First 10 to register FCFS Call 218-878-8188 or send email request to janisfairbanks@fdlrez.com
November 2019	Native American Heritage Activities	Ongoing through the month of Nov. Places TBD	Time TBD
December 2019	Winter Solstice Activity	TBD	TBD

Submitted by Janis Fairbanks,

Anishinaabemowin Coordinator Here is the most recent update to language program activities currently planned for 2019:

e will update the list each month as events are developed. Please send an email to janisfairbanks@fdlrez.com to let me know what you want to see happen this year with the language program. We are doing as much as possible with our budget to deliver monthly special events and information on language, culture, history, native arts, and related areas

The book club selection for the Apr. 24 meeting (12:30 - 1:30 p.m.) is Chippewa Customs by Frances Densmore. The book club meets at 111 Brevator Road. The list of books is based on member recommendations, so more book titles are added as new members come on board. Lunch is also served, so please RSVP by Apr. 18 for the Book Club so we have time to prepare the food catering order to include you. We have room for two more club members at the present time. RSVP your intention to join, as we currently have limited space to meet. Miigwech!

Some of the phrases the book club selected for translation at the February meeting from the book Murder on the Red River by Marcie Rendon are:

1. "Ge-biindigeyaan ina?" (Mind if I come in?) 2. "Awegonen gaa-ikidoyan?" (What did you say?) 3. "Gawiin ingikendanziin

gaa-ikidoyaamban." (I don't know what I said.) 4. "Ganabaj bangii miini-baashkiminasiganibiitoosijigani bakwezhigan." (Maybe a piece of blueberry pie.)

Beginnings: The Homeward
Journey of Donovan Manypenny
by Thomas Peacock. Translations
from that meeting will become
part of the year-end booklet on all
book club readings.

Special Event Faceless Doll making on Apr. 27 with Joyce LaPorte is scheduled. There are 12 spots remaining on first-come-first-serve basis. RSVP for dollmaking to reserve your spot by calling (218) 878-8188 and leave your name and phone number. You will receive a confirmation call-back confiming that a spot is available for you.

April 19 is the Full Moon Ceremony at 111 Brevator Road, hosted by Lyz Jaakola. Email lyz_ jaakola@hotmail.com for more information.

Finally, SAVE THE DATE: May 18 is the official release of the MIAC funded CDs and youth DVD for the intergenerational project involving recording elder speakers and youth learners, who will release their final products at the year-end celebration! Come and see what our youth are learning from the Elders!

If you have ideas to share, questions or comments about the language program, please contact janisfairbanks@fdlrez.com

Etc

Greetings from Black Bear Golf Course

Bv Dan Walker.

PGA Head Golf Professional, BBCR

fter a long hard winter full of snow and polar vortexes, it is finally that time of year again where we get to see some rising temperatures and to start planning our summer outdoor activities.

We are excited to get the 2019 golf season underway and would love to have you

plan some of your outdoor activities at "The Bear" this summer. Season golf passes are now available for sale. Any first time season pass purchaser will receive 10% off for being a new member.

We are also currently taking sign-ups for all of our summer golf leagues. Couples league will be on Monday, Women's League will be on Tuesday, and our Men's League will

be on Thursday, all starting at 5:30 p.m. Stop by the Pro Shop and reserve your spot today.

Our new merchandise in the Pro Shop has also been arriving daily. Come check out the new M5 driver from TaylorMade or the Epic Flash driver from Callaway. We also have new apparel from Nike, Under Armour, Adidas, and Foot Joy. So if you are looking for something fun and exciting to do with your family or friends this summer, Black Bear Golf Course is your place to be. Hope to see you soon!!

Some important dates to remember:

League Kick Off Scramble: May 18

FDL Veterans Tournament: June 15 Black Bear Invitational: June

Black Bear Invitational: June 28, 29, and 30



Wisdom Steps:

Dave Revnolds

Memorial: September

Black Pants

Club Championship:

September 14 & 15

September 6



Dan Walker

21 League Closing Scramble: October 5

FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community.
The overall goals of the FACE
Program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning. FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more

information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

Housing Board Rep

A new Cloquet (District 1) Housing Board Representative is needed. All inquiries need to be made to Cloquet Representative Wally Dupuis by April 15, 2019. Anyone interested can contact him at wallydupuis@fdlrez.com phone or call him at (218) 878-8078.

EDC vacancies

The Fond du Lac Planning Division is looking for

Gitigaan 2019

Schedule of Classes Tuesday Evenings March May



Pot Luck Dinner 5:00p.m. Class 5:30p.m.

March 26 Soil Health

April 2 Cover Crops

April 9 TBD

April 16 CANCELLED due to Elders Banquet

April 23 Cooking using Seeds

April 30 Buying and Gathering Local Foods

May 7 Grants for your Garden

May 14 Cooking Sides for Fish

May 21 Mindful Eating with Lynn Rossy

@ Black Bear Casino (4:30—7:30)

Dinner Provided

May 31 Plant Packaging

June 1 Plant Giveaway

Seed Packets can be picked up at any Tuesday night class Please bring a Tribal ID

Anyone interested in helping package plants or needs tilling please contact Tammy Anderson at 218-878-2642 or email

TammvAnderson@fdlrez.com

Etc

applications to fill two Economic Development Committee vacancies.

The Fond du Lac Reservation Business Committee recognizes the importance of economic development activities by the Fond du Lac Band as a way to provide business and job opportunities to the community. With regard towards these purposes, the Reservation Business Committee has created the Economic Development Committee to review and make recommendation about business proposals, advises the Planning Director on matters and issues affecting Fond du Lac business, and to review the Fond du Lac Strategic Plan and Community Economic Development strategy. The meetings will be quarterly. The Economic Development Committee By-Laws, Strategic Plan and Community Economic **Development Strategy documents** are located on the Fond du Lac website at www.fdlrez.com.

If interested please submit a letter of interest and a resume. All applications must be turned in by Tuesday, April 30, 2019 Applications can be turned in to: Fond du Lac Planning Division Attention: Jason Hollinday 1720 Big Lake Road Cloquet, MN 55720 jasonhollinday@fdlrez.com

Tribal Court notice of name change

In the Matter of the Name Change of: DARREN JOSEPH SAYERS, JR., Petitioner. Case No.: NC-001-19 Notice of name change.

Notice is hereby given that on March 4, 2019 an Order was issued changing the name of Darren Joseph Sayers, Jr., whose date of

birth is January 26, 2001 to Darren Joseph Petite.

Tribal Court notice of name change

In the Matter of the Name Change of: ZAY GHNA KWADOO KWAY. Petitioner. Case No.: NC-002-19 Notice of name change.

Notice is hereby given that on March 4, 2019 an Order was issued changing the name of Zav Ghna Kwadoo Kway whose date of birth is July 10, 1968 to Cindy Grace Nahgahnub.

Childcare public hearing and comment notice

The Fond du Lac Social Services Childcare Program is conducting a public hearing for the Fond du Lac Childcare Program, as well as, an opportunity for the public to provide feedback by reviewing the daycare standards and licensing procedures. The public hearing will take place at various community events and are listed below. Fond du Lac Daycare Standards can be reviewed online. Please review the following links:

http://www.fdlrez.com/ ordpdfs/1995/04-95aord.pdf http://www.fdlrez.com/ government/ords/04-91 ord.pdf

Public Hearing Location dates and times:

- Child Abuse Prevention Walk/ Brunch FDL Head Start, 10 a.m. April 13
- Head Start Powwow 3-8 p.m. April 26 FDL Head Start Gym
- Fond du Lac Health Fair 10 a.m.-2 p.m. June 13
- Head Start Baby Shower 4-7 p.m. June 20

Energy Assistance

If you haven't applied vet for energy assistance, there is still primary heat money available. Grants are based on income, family size, fuel type, and previous year's consumption. Grants can be used to pay fuel or electric bills and range from \$200-\$1400. Households must financially qualify.

In the Cloquet area contact Joan at FDL energy assistance (218) 878-2658. For St Louis, Cook, and Lake counties contact AEOA at (218) 735-6839. People in Carlton county. but out of the FDL area and those in Pine and Aitkin counties should contact Lakes & Pines at 1-800-832-

Fond du Lac Oiibwe School Board Regular Meeting

Tuesday Dec. 4, 2018 FDLOJS Board Room 3 p.m.

Called to order: 3:13 p.m. Debra Johnson-Fuller entered at 3:35 p.m., Joyce LaPorte, Carol Wuollet, entered at 3:29 p.m., Robert Peacock, Jeffery Tibbets, Michael Diver, Jennifer Dupuis left at 4:30 p.m.

Others present: Jennifer Murray, Superintendent; Sarah Butler, CYFAR Grant Manager; Monica White, LCO Ojibwe School; Tara Dupuis, Cultural Curriculum Coordinator; Vicki Oberstar, Counselor: Valerie Tanner. Principal; Jamie Adams, Grants; Nikki Crowe, Natural Resources; Sharon Belanger, Special Education Coordinator.

Jovce LaPorte read the mission statement.

Motion to approve the December, 4, 2018 regular meeting agenda Joyce LaPorte, seconded by Michael Diver, all in favor.

Approval of the November 6, 2018 regular meeting minutes Jeff Tibbetts,



Fond du Lac Social Services is accepting







* Pass Background Check *



Etc

seconded by Michael Diver, all in favor, 0 opposed, motion carried. Review the ledger – 5008 Cultural clarification, 5016 transportation billing has not been processed at this point. 5017 The Ojibwe School does not have enough students to qualify for this program. There was a discussion regarding the definition of "homeless".

New Business

I. Sawyer School Board Representative – Sawyer representative will be posted. II. School Board Secretary

II. School Board Secretary
Election – request to elect a
secretary/treasurer. Motion
to nominate Carol Wuollet,
seconded by Michael Diver.
Jennifer Dupuis moved to close
the nominations. All in favor.

Carol entered at 3:29 p.m.

Old Business

I. Journey Garden/CYFAR -

II. Competitive Salaries -Superintendent Murray discussed professional development days and increasing work days to 195 days. This would increase the schoolwide budget to \$166,000. Currently there are five all staff PD days. Classroom teachers will have an additional five days at the end of the SY. Principal Tanner is requesting an additional five days. The board would like to see a cost spreadsheet of all three options. This would put our staff at 90% compared to Cloquet school district.

Deb entered at 3:35 p.m. Recommendation to look at 100%, 95%, and 90% comparison to Cloquet, no Carlton.

Discussion regarding FDLOJS is most comparable to half the population of Carlton School

District or a charter school. Compare student population, free/reduced lunch.

There was a request to forecast the budget to cover the cost discussion.

I. Journey Garden/CYFAR –
Jamie Adams and Sarah Butler –
discussion regarding the Journey
Garden and the need for funding
the program thru CYFAR.
Jamie discussed the Northland
Foundation and social enterprise.
The program developed a
business plan including a
budget. The CYFAR fudning
could supplement this program
for full year programming.

CYFAR is Children Youth
Families AT Risk funded thru
USDA. The program is to
find ways to help youth thru
wellness including financial
education, physical education,
and nutrition. Improve

graduation, self-confidence, and identifying with culture. Currently measuring how many hours CYFAR kids are active. The FDLTCC would like the funding to flow thru the Oijbwe School.

*Include nutritional programming in house with Master Gardener

*CYFAR funded thru 2020

*\$110,000 January 1, 2019-May 1,2020

*Student stipends would continue to flow thru summer youth employment program. This would not be exclusive to the OJS students.

*SY Work based learning students will earn a stipend.

*Summer months the summer youth program will pay students.

*Master Gardener-Contracted position or hire? The OJS will make that decision

*Collaborate with 13 Moons

and the Cary Rd. property. 1 acre is held for the Journey Garden.

*Discussion regarding the current OJS Journey Garden.

Motion to accept the proposal of CYFAR funds Debra Johnson-Fuller, seconded by Mike Diver, all in favor. Motion carried.

III. GIM proposal for work for Developing a Play-Include TERO

IV. Closed Campus Student Discussion-the student has not returned. The current policy states that Senior students can leave campus with parent permission-Tabled.

V. Updated Cell Phone Policy-No progress. Principal Tanner is frustrated with the cell phones. High school teachers need to review this topic.

Jennifer Dupuis left at 4:30 p.m.

Principal Tanner will address at the high school clipper meeting.

FREE SMALL BUSINESS AND ENTREPRENUERSHIP TRAINING

Taking it to the next level

Do you have a business idea?
Do you want to learn more about business plans, loans and loan applications?
Do you want to meet with a business advisor?

Date, Time and Location:

March 29, 2019
Lake Hall – Black Bear Hotel
Presentations Repeated at 10:00, 12:00, 2:00 & 4:00
Q&A and 1:1 Meetings between each presentation
Lunch will be provided

To schedule a 1:1 with any of the business consultants, RSVP or with any questions please call Tammy Anderson at 218-878-2642

The training will be held by:

Entrepreneur Fund
Northland Foundation
The Northspan Group
UMD's Center for Economic Development













today!

Etc

ALICE training is Dec. 21, 2018
There was a suggestion to add a cell phone question to the parent

Currently middle school students are not allowed to have their cell phones in the classroom.

There will be an update on the next meeting.

VI. Behavior Report-No report VII. Superintendent Evaluation-the board needs to complete the evaluation. Superintendent Murray has provided her information to the board.

There was discussion regarding the Reservation evaluation.

Motion to re-send job evaluation, and minutes to the board. The board will review the document and discuss at the next meeting. Jeffrey Tibbetts, seconded by Michael Diver, all in favor.

VIII. National Indian

Education Survey Participation-Superintendent Murray showed a video regarding the survey. The Bureau of Indian Education will administer the survey to our students, Grade 4, 8, and 12.

There was a discussion regarding the measurement and use of the data. Currently the OJS test 4th and 8th grade four times per year.

Is this survey tied to any current or future grants?

There was a suggestion to identify where our students are at BEFORE this survey is administered.

Motion to table the survey Michael Diver, seconded by Jeff Tibbetts, all in favor.

Motion to support a survey that has more social wellness/at risk behavior Mike Diver, seconded by Jeff Tibbetts, all in favor. Supervisor Reports

Discussion regarding Window's

Victim Services for K-6 New school bus recognition Biboon Celebration Wednesday December 19, 2018

Elder's Christmas Part-OJS students will serve Elders Other

Motion to adjourn Joyce LaPorte, seconded by Mike Diver, all in favor

Adjourn 5:31 p.m.

Biomass Open House

Apr. 18 10 a.m. BBQ to follow opening ceremony





Minnesota Power customer to participate.



Minnesota Chippewa Tribe Finance Corporation

Hone Loan Program: Regular, Moderate, Construction & Renovation Loans

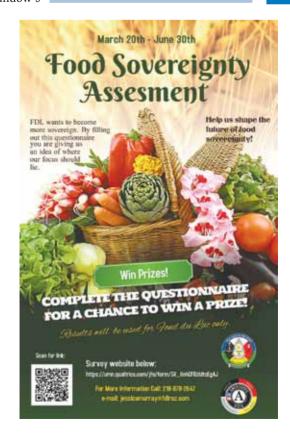
Home loan applicants must be American Indian enrolled in the Minnesota Chippewa Tribe and must be owner occupied. Applicants must also meet other requirements such as; reasonable credit risk, have a stable employment history, and meet State and FHA credit underwriting guidelines.

Business Loan Program: Micro Loans \$500-\$5000, Business Loans \$5000-\$150,000 and Commercial Real Estate Loans \$5,000 - \$150,000

All loans will require security/collateral and personal guarantees for principals and /or third parties. The owner/borrower must have a minimum 10% equity in total business capitalization. Interest is based on risk rating of applications, rates will be between 4% - 7%. Borrowers are required to have a reasonable credit history and a written plan for repayment. All applicants with any type of loan must have a business plan detailing how the business will operate and perform. Technical assistance is available, personal assistance will be required.

Applications:

Applications are taken at our home office located at 15542 State Hwy 371 NW, Cass Lake, Minnesota. Or call for an appointment at 218.335.8582. You may visit our website at www.mctfc.org to download application and requirements. We also provide home-buyer training, assist clients with home inspections and construction counseling.





Ashi-niswi giizisoog (Thirteen Moons)

Iskigamizige-giizis

The new Iskigamizige-giizis, the Maple Sap Boiling Moon is April 5. Other names for this moon are Omakakiiwi-giizis, Frog Moon; Bobookwedaagime-giizis, Snowshoe Breaking Moon; and Maango-giizis, the Loon Moon.

Seed Starting in Ziigwan!

By Erika Legros. Bimaaii'idiwin Garden Manager

Tt's time to start planting seeds! Starting seeds indoors at home is easy. affordable, rewarding and fun. First choose whether vou want to grow herbs. vegetables, or flowers, and in what amounts. Each kind will be different and require more or less care. To start you will need seeds, containers and soil. Grow lights can be an option, and are good for starting some seeds earlier, at a cost of \$12-\$30. A heat mat is an option to keep the soil warm to assist the seedlings.

Seeds

There are many different sources for seeds. They can be a gift from a family member, a friend, a farmer; or be traded or purchased. If buying seeds, your best options are heirloom, organic, open pollinated seeds. Avoid hybrid and gmo seeds, especially if you are thinking of saving seeds from your garden. Purchased online or in stores; seeds come in packages of 25, 50, 100, 200, by the pound or more. Depending on

the source vou may also receive instructions and information about caring for the plant.

Containers

Newly bought or reused containers, or recycled from newspaper. cardboard, milk, juice or egg cartons are appropriate for use. Reusable or recycled containers should be cleaned with soap and water before use and should have small holes on the bottom for proper water drainage. Start seeds in small pots or bigger with individual cells. depending on the type of seed.

Soil

Soil mixtures for starting seeds are available at garden centers, plants nurseries and greenhouses.

Planting

Fill your container with soil and water it well. Dig a hole with your finger about 1/2", 1/3" or 1/4" deep. Place your seed in the hole and lightly cover it with the soil to begin the germination. Keep your seeds moist, but don't drown them in water and make sure the container drains well to prevent any disease that can damage the seedling or root system.

It is very important that seeds get the correct amount of light by a window or open sunny area at home. During the germination process light, oxygen, nutrients and temperature above 70F are essential for the proper and healthy development. To prepare your seedlings for transplant to the outdoors, you should condition them by bringing them outside for a few hours to expose them to the elements, then bring them back indoors. Do this for about a week. increasing the time they spend outdoors and in the sun each day.

Transplant

Once plants have been conditioned for outdoor life, and there is no morning frost in sight for this region, it is time to transplant. After replanting in a place with good soil and adequate sunlight, water them immediately, and continue watering daily for about a week before cutting the water back to every other day. Begish minwaanigoziyeg aniziigwang! Hope you all have fun as it becomes spring. Niwii-gitigeziigwang I'm going to plant this spring.



Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Anishinaabemowin Lessons

Basic Oiibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words. All consanants sound the same as in English.

"Zh"- sounds like the "su" in measure "a"- sounds like the "u" in sun

"aa"- sounds like the "a" in father

"i"- sounds like the "i" in sit

"ii"- sounds like the "ee" in feet

"o"- sounds like the "o" in go

"oo"- sounds like the "oo" in food

"e"- sounds like the "ay" in stay

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

K	Ι	Z	N	Т	M	N	Z	Χ	Α	Т	K	D	N	V	Χ	0	U	Q	V
Χ	Τ	S	E	I	Α	Η	Α	K	F	U	Α	G	Α	В	G	J	Ρ	S	Τ
G	Α	Ρ	K	M	Y	Ρ	I	Q	W	M	Y	D	N	I	Ο	Μ	G	J	Ρ
Ι	D	K	G	I	Μ	K	M	М	K	M	V	V	Α	Μ	0	Т	Χ	N	S
F	F	I	Ρ	Q	G	L	S	Α	S	Ε	М	Α	Α	Α	K	Т	I	С	Α
М	I	L	W	$_{ m L}$	С	Α	Α	G	Χ	Η	Α	J	M	Α	I	E	F	Q	V
Z	F	Χ	Z	Μ	J	В	Μ	G	Α	Ρ	Μ	Т	K	D	K	F	I	Y	N
Z	Ο	Χ	Y	Y	Ι	J	W	Ι	D	0	Ι	Ε	Α	Ι	Α	S	Q	N	K
Y	N	N	\mathbf{Z}	\mathbf{Z}	U	Р	Q	0	\mathbf{Z}	L	Τ	\mathbf{Z}	Α	Z	K	W	D	Η	S
Α	W	R	N	F	W	J	D	Z	В	I	I	Q	W	I	K	L	I	Y	Α
В	I	I	N	D	Α	K	0	0	J	I	G	Ε	G	W	В	K	Η	U	U
Μ	I	Q	D	Q	N	Z	V	Q	0	D	K	Α	Ε	I	Χ	Χ	D	С	Y
Z	F	J	Р	L	Η	Τ	S	Μ	С	S	Μ	I	N	N	С	W	R	В	В
D	R	Χ	E	С	Α	Р	Μ	С	Μ	I	R	G	K	K	Α	Y	D	Α	Μ
R	Q	S	Η	С	G	S	В	I	Z	Ν	Χ	Z	R	Η	R	R	G	L	Y
G	I	Т	Α	Α	N	Ι	N	Α	S	$_{ m L}$	Q	Ρ	Α	Α	S	K	V	Y	Р
Y	N	Α	Ε	D	S	K	N	J	Τ	Α	R	Q	Q	Ε	Ν	Α	0	Р	S
Ι	K	J	K	D	Ι	Т	Α	N	Y	Z	N	K	G	Ε	Η	V	Μ	Η	Μ
Ι	Z	Z	F	Ε	S	K	G	D	Q	Η	Y	K	G	\mathbf{T}	D	Ι	В	Р	S
М	J	V	В	Р	R	Ε	Ε	Χ	В	Н	0	W	С	S	V	Τ	R	M	F

Akikoog	Containers
Negwaakwaanan	Sap tap
Misan	Firewood
Ziinzibaakwad	Maple sugar
Bimaadiziwin	A good way of life
Mashkiki	Medicine
Biindakoojige	He makes an offering with asemaa
Asemaa	Tobacco
Akik	Brass kettle
Ziigwan	Spring
Iskigamizan	Boil it down
Iskigamizigan	Sugar bush Camp
Aninaatig	Maple
Mitig	Tree

Superintendent

Jennifer Murray Aaniin/Boozhoo nindawemaganidok,

ino Ziigwan/Happy Spring or Mino Oshki Gikinoonowin/Happy New Year! Traditionally, many cultures thought of spring as the start of a new year. Anishinaabeg are gearing up for the sugaring, spearing, and netting seasons. The school will be sugaring and bringing a few students spearing and netting this year if weather permits. I hope everyone has a hardy and safe harvest.

2019 has been an exciting year at the Fond du Lac Ojibwe School! I can't express enough how proud I am to be a part of our school. Ojibwe School staff has been working with students on various projects, programs, and goals. Daga read about all the exciting events and activities that have happened in the last few months in the school news section. Miigwech to our dedicated staff and amazing students. Chi miigwech to everyone that supports and encourages our students.

We strive every day to live up to our Oiibwe School Motto "Anokii/work, Nanda-gikendan/ study, Enigok gagwe/strive, Gashkitoon/succeed." A student's education is not just excelling at acedemics. The holistic approach is to insure our children's social and emotional needs are met. We have diligently been working with MNAW Behavioral Health Department to implement an environment that will assist our students with social and emotional health needs. Our staff will be trained in ACES and we will have areas in the school that will enable staff to work with our students. Our objectives include; students will develop the knowledge, skills, and behaviors necessary for physical, mental, and emotional well-being in a positive, safe, and culturally relevant learning environment.

We strive for educational excellence, social emotional well-being, accountability, and culturally relevant for our students Pre-K through post-secondary school. We will continue to work in an atmosphere of cooperation and collaboration to provide meaningful learning opportunities and support student achievement with various programs and departments to ensure the best quality of services are available to meet the needs of our students.

Giigaawaabamin dash Mino oshki gikinoonowin

Guidance Counselor

Guidance Counselor Vicki Oberstar Special Education Teacher Breekin Sheldon Special Education Teacher Angie Grimsbo English Teacher Airra Saunders

ond du Lac Ojibwe School is exploring careers.

Students have been exploring various careers and opportunities for training after high school this winter. The kindergarten through fifth grade spent time learning about solids, gases, and electricity through an interactive program with the Science Museum of Minnesota. The high school spent time off site exploring apprentice program, transitioning to life after high school, plus 2 year and 4 year college programs.

The Science Museum of Minnesota came to our school, February 28, 2019 and presented Solids, Liquids, and Gases to grades K-2 and Electricity Assemble to Grades 3-5.

Our students in kindergarten thru second grade learned about "The Science of Stuff". Students were able to try an experiment with an amazing liquid gas and discover more about what scientists understand about matter, aka "stuff". Students were able to take parts and put them together to form different objects demonstrating how things

in general are made from many parts. Finally they connected this idea to how scientists use properties to describe things through their senses of observation, touch and sight. The favorite activity identified by the students was watching the freezing cold water making the snowman fly up in the air. (See picture)

The third grade through fifth grade learned about electricity concepts starting with static electrical charges as demonstrated by Mercedi Martin. Students were fas-

cinated with the glowing question mark that was encased in a clear acrylic box, plastic rods that would push and pull each

other without touching and the flying aluminum pie plates demonstrated how invisible charges can produce visible effects. Blue sparks were created with the Wimshurst generator and student observed an in-depth look at the electrical charges moving in a current. Students also participated in the activities and experienced what happens when light bulbs, alarm bells, and humans come together to form a complete circuit.

Fun was had by all in attendance; students were

most impressed with how electricity can travel through people and learning about static electricity.

The high school attended the Construct Tomorrow event in Duluth at the DECC On February 27, 2019, we took 10 students to the event. Our students spent time interacting with local apprenticeship programs in the area. Students learned about the value of Apprenticeship programs and what a great alternative they can be to a two-year or four-year degree. Students were

able to trowel cement as done in the masonry field, build and wire circuits, set tile, try

virtual welding, threading pipes, walking an iron beam and pounding nails. The trade unions were represented by current members at each booth and they were ready to talk to students. Students picked up information on how to become involved with various construction fields that interested them. Handouts for students included rates of pay, information about the specific trade that was represented, and phone numbers for students if they should wish to contact

someone with more questions. The students seemed to have a good time, and participated in many of the hands-on activities and learned about union apprenticeship training programs that pay them to learn a construction career that has good pay, great benefits and no expensive college costs.

Adding variety to the high school career experience Mentoring Day is a local version of the National Disability Mentoring Day which is organized by the American Association of People with Disabilities (AAPD). On March 11; students participated in Mentoring Day at Fond du Lac Tribal and Community College (FDLTCC), sponsored by Northern Lights Special Education Cooperative. Mentoring Day is a transition conference for special education students in grades 9-12. The goal of the day is to provide students with information to assist in planning for life after high school. The students started their day with a keynote speaker, and then moved into break-out sessions. Over the course of the day, each student was able to attend four different sessions. Some of the sessions our students attended included information about professional dog training, law enforcement, firefighting, forestry, large equipment operation, military, housing, and driver's training. They also had a chance visit with

continued on next page



Culture

Tara Dupuis,

Cultural Curriculum Coordinator MINO ZIIGWAN (happy spring)

nond du Lac Ojibwe School hosted our first Round Dance in February. Several families and community came to join this. It was a fun time. The drum contest winners were Niizhew Sullivan who took 1st place, Ian Proulx who took 2nd place, and 3rd Skylar Stillday. We had seven invited singers and about 25 came. Overall, a very good time and we will need to plan for our next one!

Our drum and dancers will be ioining in the State Competition in Remer Minnesota on April 6, 2019. Jaimie Petite will be bringing students who are interested in attending. There are several different categories listed by grade and dance style. Starr Shabaiash submitted art work in the Detroit Lakes Public Schools competition. She submitted a beautiful beaded pop socket. I have been notified that she has won an award. Starr Shabaiash will go to the award ceremony on March

22nd 2019 to receive her award.

Anishinaabe Quiz Bowl will be attending the Detroit Lakes competition on March 22nd and they will be attending upcoming Quiz Bowl competition in International Falls. Good Luck to our Fond du Lac Oijbwe School teams!

I am excited to work with Sonny Greensky on getting more Ojibwe culture and language in our daily curriculum. We have started working on K-12 Science. Sonny will be in to demonstrate how to make a traditional tap NEGWAAKWAN for the students and the community.

We are excited to start tapping trees out back and will have a boil with the sap we gather. Some of the students will participate in this daily and we will be going out netting and spearing very soon.

ISKIGAMIZIGAN (sugar bush)

Ininaatig (maple tree)

Iskigamizige (he/she boils sap)

Ziinzibakwad (sugar)

Ziinzibakwadwaboo (maple sap)

Asemaa (tobacco)

Negwaakwan (tap)

Aandeg (crow)

21st Century













Gifted and Talented

Boozhoo – The Fond du Lac Ojibwe School students in the Gifted and Talented program have been participating in many interesting and creative projects.

Our leadership students are busily planning prom. They are raising the money for prom by working in the concession stand during basketball games. In the coming months are several activities planned to increase the leadership skills of the students such as the UWS ropes course, an escape room, and laser tag.

On the Rocks Studio was here to paint with the artistic students. A group will be going to the Pottery Burn to work on ceramic projects. The younger artistic students will be making paper masks and creating a puzzle. They will be given a blank puzzle to recreate a famous work of art of their choice. Some of the older artistic students will be making a moon phase wall decoration with modeling clay and experimenting with calligraphy.

Our creative students went to a nonfiction writing

workshop at St. Scholastica. They had the pleasure of meeting famous authors and participated in various workshops around the St. Scholastica campus. The creative students will continue writing poetry about the winter months and will pair up with the artistic students for the trip to Pottery Burn. They will also be going to the live play "Romeo and Juliet" in March.

For further information about the Fond du Lac Ojibwe School's Gifted and Talented program, please contact Sharon Belanger at (218) 878-7274 or sharonbelanger@fdlrez.com.





from previous page

exhibitors that were set up in the lobby area. Some of the exhibitors included, Pinewood, UDAC, area colleges, and Choice. Before the students returned to school, they were served a pizza lunch by FDLTCC.

This week also include a trip to the annual Career and College Fair at Fond du Lac Tribal and Community College on March 13, 2019. This was the 25th annual Career and College Fair at Fond du Lac Tribal and Community College. Over 1,400 students in the area participate, and some of those were from the Ojibwe School. Approximately 70 careers were represented by local professionals with information for students, plus 20 postsecondary representatives were available. Students received a career-related packet of informa-

tion with recent statistics about growing occupations, shrinking occupations, and tips on making career decisions. Students used a worksheet with questions to help them talk to the representatives and learn valuable information about the careers that interested them. Some of the interests at the Ojibwe School included Bemidji State University, Army, Indian Health Services, and Construction fields.

To wrap up the week the Medical Students from Dartmouth Geisel School of Medicine, stopped by the school and visited with our students Thursdays afternoon. This group includes students from reservations across the country. They started with a panel and then broke up into small groups and visited with students letting them practice with some medical tools. Students shared culture and future

interests. It was a joy to watch our students sharing interests and learning about opportunities.

Students are exploring all kinds of new adventures during school. We hope parents are talking to their students and asking them about school.

Check & Connect/ Mentor Students Offering Support (SOS)

Students from Fond du Lac

Ojibwe School are actively involved in the SOS program. "SOS is a peer leadership team under the REACH Mentoring Program focused on addressing factors that may lead to suicide. SOS's vision is focused on building protective factors and developmental assets with youth to prevent suicides in Carlton County." For more details about REACH or SOS, please contact their website at www.reachmentoringprogram.com or call (218)

499-4293.

Every week, these high school students eagerly learn about the sensitive social problems that affect youth on a daily basis. They engage in lively discussions, listen to speakers, go to youth trainings, help with fundraisers, and volunteer in the community. The Fond du Lac SOS Chapter is working hard on a service-learning project that explores how "Climate Change Affects Mental Health." Please call Maria Viebahn at (218) 878-7256 for more information.

If you or someone you know is experiencing a mental health crisis, there are 24 hour resources available. Not only can you call a trained crisis worker to lean on for emotional help, you can now text them.

National Suicide Prevention
 Lifeline: 1-800-273-8255

- MN Department of Human Services: (218) 623-1800 or (844) 772-4724
- Crisis Text Line: text MN to 741741

School Nurse

School Nurse, FDLOS

With warmer weather upon us, I hope everyone can get outside more and get some fresh air and exercise! A little exercise every day is great for everybody! It helps by improving our mind, body, and spirit. Pair up with a friend for extra motivation or try an exercise class. Maybe check out the area community centers to see what is available. And, walking is always a wonderful way to get exercise!

With all the spring time excitement, please remember to mind your ZZZ's. Sleep is so very important! Along with exercise and a healthy diet, ensuring proper sleep also improves one's mind, body, and spirit. Proper sleep helps everyone by recharging our immune systems, improving attention span, improving appetite regulation, promoting growth in children, and retaining information learned daily.

Happy spring everyone! Be safe out there!

Library Mrs. Skalko

Library/Media Specialist
Fourth Grade Students Share
Their Love for Books
In collaboration with Mr.

Danderand, Music Instruc-



tor, students from grades 1-4 sang a catchy lyric from the book, Fiction or Nonfiction, which taught the library skill of whether a book is fiction or nonfiction. Each time Mrs. Skalko, librarian, held up a random book from a bin; the student who correctly identified whether it was fiction (make believe) or nonfiction (true), had the opportunity to play a chord on the keyboard or another instrument to the beat of the lyrics sung by the class.

First and second grade students are learning how fiction books are arranged alphabetically on the shelf by the author's last name. Parts of the book are reviewed following storytelling.

Integrating library instruction in the classroom; the third and fourth grade students have learned how to use the index in their science textbooks and the difference between a topic and subtopic.

Storytelling time includes Nanaboozho stories with discussions of how the "Seven Teachings" tie in with the story. While lower elementary students are introduced to classic favorites including books written by Dr. Seuss and Marc Brown *Arthur*; upper elementary students have had book talks on *Charlotte's Web*, and the bestseller historical fiction series *I Survive*, by Lauren Tarshis.

And so I leave you with a few favorite quotes about the importance of reading:

"The more that you read, the more things you will know. The more that you learn, the more places you'll go." "You're never too old, too wacky, too wild, to pick up a book and read to a child." - Dr Seuss

Physical Education

Skol Vikings!

My name is John Babineau and I am an avid Minnesota Vikings fan. I live in Cloquet with my wife and two daughters. My wife and I have been married for 23 years. We also have a cat named Lulu and a dog named Ava. I have been a Physical Education and Special Education Teacher for more than 10 years. I have taught at many schools in the area including: Duluth, Floodwood, East Central, Carlton, and Proctor. I have also taught in Bemidji at the Voyageurs Expeditionary High school and the Bug-O-Nay-Ge-Shig School in Bena, Minn.

I graduated from Bemidji State University in 2000 with a teaching degree in Physical Education and again in 2006 with a Masters Level Licensure in Special Education. Besides football, I enjoy camping, hunting, fishing, gardening, rescuing animals, collecting and using fishing equipment, reading, minnow trapping, boating/canoeing, traveling, but mainly just being outdoors.

I was recently hired by The Fond du Lac Ojibwe School to teach Physical Education. Currently, we are in our 8th week of the 3rd Quarter. All students are improving skills and learning new activities. The 3rd thru 12th Grade have completed their fitness planning and fitness contracts. This week most students are completing their sledding or snowshoe unit. Sledding and snowshoeing are great northern Minnesota winter activities, and is a necessary part of my Physical Education curriculum, as well as a valuable life skill. I am so glad that we have such a well maintained collection of sleds and snowshoes available at the school. At Fond du Lac Ojibwe School, all students practice being appropriate, safe, and kind. These expectations are posted in the gym. They are reviewed quarterly and as needed.



Science Ariel Johnson.

Science Teacher

On March 14th, 2019, the 7th through 9th grade students attended the annual River Watch. This year, the event was held at the Great Lakes Aquarium. The event focuses on environmental, economical, historical, cultural, and ecological aspects of the St. Louis River in regards to current research or restoration that is being conducted on and around the river.

Students participated in various lessons that provided information and hands on

activities to engage them in learning about the river and the research being conducted. Representatives from local agencies and organizations, such as the Lake Superior National Estuarine Research Reserve (LSNERR) and FDL Resource Management, worked with kids to educate them on things happening with the St. Louis River. Students also had the opportunity to explore the aquarium and get a "behind the scenes" look at what happens at the aquarium.

The event was held at the aquarium this year because the We Are Water MN exhibit is

being hosted at the aquarium through April. This exhibit provides information on the stories, resources, and potentially harmful impacts (both natural and human-made) that the local waterbodies are facing. It provides information on what people can do and what people are already doing to protect water in the watershed surrounding the Fond Du Lac Reservation.

The hope is that this experience will lead to research opportunities for the students with the help of Resource Management and LSNERR."













S.T.E.M.



Students in STEM continue to build and construct multiple projects. Here we have a few students constructing their own bridge using spaghetti and marshmallows. They didn't plan for the stickiness.

The seniors recreated their own version of the once

popular mobile game, Flappy Bird. Trust us, it looks and plays like the real thing. Most chose to create a spaceship instead of a bird.



Industrial education



High schoolers apply paper and glue to the geodesic dome wigwam.



Students love expressing their art through wood burning.



Junior High students made dozens of bimibatoowag ginebigoog for biboon.



Ian builds a new drum stand



Kaitlyn Misquadace frames up a dog house

2nd grade Mrs. Martin's classroom 2019

Second graders at the FDL Ojibwe School share a unique bond with FDL Elders.

Each month, students in Mrs. Martin's 2nd grade class visit with Elders at the Fond du Lac Assisted Living Complex. The students participate in a hands-on activity, enjoy a yummy snack and most importantly share conversations with the Elders. Pictured below are 2nd graders at their February visit.









Health News

April is Testicular Cancer Awareness Month

By Robin Johnson,

Community Health Services Coordinator

esticular cancer is the most common cancer in American males between L the ages of 15 and 35. Testicular cancer accounts for approximately 1% of all cancers in men. Testicular cancer is rare and there is no way to prevent it. However, testicular cancer is highly treatable, even when cancer has spread beyond the testicle. Regular testicular selfexaminations can help identify growths early when the chance for successful treatment of testicular cancer is highest. Males with cryptorchidism (failure of one or both testicles to descend) are many times more likely to get testicular cancer than those with normally descended testicles. Cancer usually affects only one testicle. Most men with testicular cancer do not have a family history of the disease.

Risk factors for testicular cancer include: Race, age, an undescended testicle, family history of testicular cancer, HIV infection, abnormal testicle development, personal history of testicular cancer, carcinoma in situ (abnormal cells in the testicle which have not yet progressed to cancer), and body size (some studies suggest taller males are at a greater risk).

Signs and symptoms of testicular cancer include: An enlargement or lump in either testicle. Feeling of heaviness in the scrotum, Dull ache in the abdomen or groin, sudden collection of fluid in the scrotum, Pain or discomfort in a testicle or the scrotum, Enlargement or tenderness of the breasts or Back pain.

Remember to always talk with your healthcare provider about any concerns you have.

Source: Mayo Clinic www.mayoclinic.org and American Cancer Society www.cancer. org

Zoodles

hat exactly is a zoodle? Zoodles are a plate of deliciousness! Zoodles are zucchini noodles. They are a fresh and healthy alternative to pasta. Zoodles are grain-free, gluten-free, low carb, nutritious, cheap, easy to prepare and are unprocessed. Read on for tips on preparing zoodles.

Equipment

What will one need to make zoodles? There are a variety of kitchen tools that can be used. A few examples include: a spiralizer (hand-held or tabletop), a Julienne peeler, a Mandolin slicer, a Chef's knife, or a vegetable peeler. The first three items often come with different size blades, thus allowing you to choose the thickness you prefer.

How to prepare zoodles

- Choose a zucchini: larger ones are easier to sprialize but may produce more water; plan for one medium zucchini per person
- Wash the zucchini: decide if you are going to leave the peel on or not (by removing the peel, your zucchini may produce more water); leave the peel on for more healthy antioxidants and fiber
- Trim the ends of the zucchini
- Place the zucchini on the blade of whatever tool you are using. Be careful as the blades are extremely sharp! Follow the directions for your tool and create your zoodles.

How to cook zoodles

Zoodles, technically, don't have to be cooked. After spiralizing, gently mix with other ingredients and serve. If you prefer to heat them up, don't overcook them! Because zucchini is over 90% water, if overcooked, they become soggy and mushy. Adding salt to the zoodles too soon will draw out more water, so if you must salt your zoodles, wait until the end of cooking. The desired texture should be al dente or slightly firm not mushy.

Other delicious ways of cooking zoodles include:

Microwave

- Place in a microwave safe dish
- Cook 1 minute. Large amounts may need to cook a bit longer. It is recommended to only cook 30 seconds at a time until desired temperature

Sauté

• 1 Tablespoon of olive oil with the zoodles and sauté 1-5 minutes, depending on quantity of zoodles

Boil

- Bring water to a boil
- Add zoodles
- Cook 1-3 minutes, drain and serve **Bake**
- Preheat oven to 200°F
- Line baking sheet with paper towel and place zoodles evenly on towel
- Cook 10-15 minutes, remove from oven
- Gently squeeze zoodles with paper towel to remove excess water

How to store zoodles

Uncooked zoodles can be stored in the refrigerator for 2-3 days. Line storage container with paper towel. Place zoodles in container, cover and refrigerate.

Try this simple recipe when making your zoodles.

Zucchini Noodles

Servings: 4 servings Calories: 67kcal From: jessicagavin.com

Ingredients

- 2 large zucchini (about 1 1/2 pound)
- 1 tablespoon extra-virgin olive oil
- 1 teaspoon minced garlic
- kosher salt as needed for seasoning
- Pepper as needed for seasoning
- 1 tablespoon grated parmesan cheese
- 1 teaspoon minced parsley **Instructions**
- 1. Wash the zucchini noodles and cut off the ends
- 2. Place zucchini in the

handheld or countertop spiralizer unit. Select the cut size on the unit and cut

- 3. Heat 1 tablespoon of olive oil in a large sauté pan or skillet over medium
- 4. Once the oil is hot, add one teaspoon garlic and sauté for 30 seconds
- 5. Add the zucchini noodles and sauté for 1-5 minutes, until just tender and al dente
- 6. Taste the noodles and season with salt and pepper as needed
- 7. Garnish zucchini noodles with parmesan cheese and parsley

Notes

- The noodles can also be cut into thin 1/4-inch wide strips using a chef's knife if a spiralizer is not available.
- Double the recipe if you're making more of an entree-sized serving 4 people, instead of as a side dish.

Nutrition

Calories: 67kcal | Carbohydrates: 6g | Protein: 3g | Fat: 4g | Saturated Fat: 1g | Polyunsaturated Fat: 1g | Monounsaturated Fat: 3g | Cholesterol: 1mg | Sodium: 48mg | Potassium: 428mg | Fiber: 2g | Sugar: 3g | Vitamin A: 7% | Vitamin C: 47% | Calcium: 5% | Iron: 3%

Tried this recipe? Mention @jessica_gavin or tag #jessicagavin!
*sources include jessicagavin.com,

downshiftology.com

41st ANNUAL Fond du Lac Health Fair

Thursday, June 13, 2019 10 am - 2 pm Ojibwe School Gym 149 University Rd



Brought to you by the Fond-dv Lac Human Services Division



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on April 16, 2019 for the May 2019 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy birthday

Happy belated birthday to our mother **Eve Shabaiash** (Feb. 10)

Love always, James, Ty, Traé, B.J., and Steph

Happy belated birthday to our baby brother **B.J. Shabaiash** (Mar. 17)

Love, James, Ty, Traé, and Steph

Happy birthday to my lovely wife **Loretta Brown** (Apr. 4) *Love you*, *Darrell*



Happy 10th birthday **Greenlee Fineday** (Apr. 5)! *Love, Mom* and Molly

Happy birthday **Jennifer S. Martineau** (Apr. 6) *Love, Rachel and family*

Another birthday wish to **Animikii ikwe Patty Howes-Dunlap** (Apr. 10), granddaughter of Josephine Thompson; grandmother to Elias Dunlap. Your descendants recognize your

commitment towards positive change for the next generation. Your legacy continues to be built



on smiles, laughter, kindness, thoughtfulness, and generosity.

Happy 80th birthday to an awesome and amazing lady... **Sharon Shuck** (Apr. 12) *From, Ella, Terri, Gidget, Kim, Noel, Taylor, Brooke, and Daniel*

Happy 80th birthday to **Sharon Shuck** (Apr. 12) *From the FDL Historical Society*

Happy 13th birthday to my youngest of us seven sibling, have a blast **James Robert** (Apr. 12).

Love always your big brother Cotee and Josh, you're the best

Happy 13th birthday to James Robert Wichern (Apr. 12), have a great day. Now you're an official teenager but you'll always be my king. Love always, Mom

Happy birthday
to the greatest
Husband and
Father, Jacob
Barney (Apr.
13)! We love
you so much
and hope your
day is wonderful!
Love, your Wife, children, &
Brother Jordan

Happy birthday **Brooklynn Barney** (Apr. 16). There isn't a luckier husband than me. Still a young 35 in my eyes.

Audriahna Cherise Jenkins

(Apr. 16) wishing my baby girl a very happy birthday.From all your Fond du Lac family. With all my love snuggle pup, Dad Happy birthday **Sue Woods** (Apr. 18) to the best sister and partner-in-crime that a girl could ask for *Linda*

Happy 70th birthday to our mom, Ellen Bassett (Apr. 21)! There are no words to express how much we love you. You've always been there for us and we'll keep that with us forever.

Love from your children, Jamie, Wes, and Heather

Happy birthday **Nana, Ellen Bassett** (Apr. 21)! I love you! *Mackenzie*

We would like to wish our granddaughter **Becca Thompson** (Apr. 22) a very happy 18th birthday. You are still 7 to us.

Love you G-PA and G-MA

Wishing a very happy 7th birthday to **Royce Long** (Apr. 25), may your day be as special as you are, love you muches.

Grandma Candace, Sabrina, James, Dez, Rylan, Kayla, Davey, Matt, Izzy, Matayah, April, and Markiss

Happy birthday to my dad, **Butch Martineau**, 69 (Apr. 26), and brother **Jason Topping**, 44 (Apr. 26) *Love, Rachel and family*



Happy
birthday to
my beautiful
daughterin-law
Stephanie
Dunaiski
(Apr. 26)

and my adorable grandson **Mason Dunaiski** (Apr. 28). I'm so lucky to have you two in my life.

Love, Grandma

Memorial

How very much vou're missed is something you'll never know vou left behind the broken hearts of those who loved you so A sea of tears and endless grief would simply ebb away if only you could celebrate vour special day today (Apr. 22) This birthday token brings you love it's just a simple touch to let you know how dear you you'll always mean so much Happy birthday my beautiful daughter Shawna Marie

Shawna Marie DeFoe

DeFoe

Let me tell you a story about a girl with amazing talents and great lights surrounded her every time she would walk in the room.

A friend, a sister, and a flower that blossomed from a girl into a beautiful mother she loved her family and that's something she always stuck to. People have their darkest





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hours in life. But whoever knew and loved someone like Shawna would know everyone who saw her knew she would light up the room in ways like darkness never existed.

There aren't many words for how special she was, but there is one word I can think of, that word is UNIOUE!

A lot of people loved Shawna, you could go many months without talking to and still come back and see that she was still Shawna DAWGIE!

That was always the best thing about her. It was always seeing that smile and it never changed.

That smile is the light knowing no matter how hard it gets. Just close your eyes and if you see that smile then you know she will always be with you no matter what...

People in life go on wondering and end up learning that the great thing about Shawna was she was always a learn-you type with an expression of wonder and a comedic type of mind when she wanted to be.

She would know just what to say at great moments, a friend that would never be scared to speak up at times.

Also the great thing was through her family's eyes people loved her for being who she was and no one can explain that kind of sight, how close they look at you like family does.

There will always be a spot in our hearts for her and she is never forgotten but they say "death is not the end" if you remember that then it will keep you going just enough to know that she will always be watching over you.

Know how strong you are as Anishinaabe People, to know that she isn't really gone.

"Ish-bah-Ming" which means up above.

I hope most will remember her not in death but as a force of life that will keep us stronger than ever through the hard times...

Rest in peace Shawna. Frank Robert DeFoe

Obituaries

Rose Theresa LaPrairie Shotley, "Waabegon", age 100 of Cloquet, MN, died on February 16, 2019. Rose was born on May 15, 1918, to Henry and Delma (Couture) LaPrairie. Preceding her in death are her husband Eugene Shotley and son Gene Shotley. Rose is survived by her children; Naomi Barnard, Corinne Hutman, LaVern Shotley and Suzanne Lauritsen. Grandchildren are Kristine, LuAnn, Barbara, Stefanie, Michael, John, Michelle, Adam "Bug", Bobby, Christopher and her special dog Mitzi. Rose has many beloved greatgrandchildren and great-great grandchildren.

Rose prayed for all her family and goodness knows we needed them. In addition to doing her rosary she would lay tobacco down for the spirits, just to be sure her prayers got through. She would say, "I love my people" and it showed. In any crisis she would help in any way she could; compassion, empathy and prayer were her strengths.

1918, the year Rose was born, the Great Firestorm of Cloquet happened when she was 6 months old. Her parents, Henry and Delma LaPrairie, put their children in a well and went to fight the fires. Rose's older brother George "Chick" LaPrairie was holding her, and while the fires raged around them Rose sang little baby songs!

Rose attended what she called "Sister School" in Bayfield, WI, until the 8th grade which was then considered enough education for girls. She loved to read, and even in her last days at home would read two newspapers a day. Rosie loved her Elvis and danced into her mid-80's. She had sparkling eyes and a great sense of humor; she loved to repeat her favorite, funny stories about people and laugh again. No one was left untouched by her memories.

Rose was a force of nature in her family, beloved and her loss is profound. She was ready to leave us when she did, and we are grateful to have had her in our lives. Not many people lived to see what she has experienced in her 100 + years here.

Rose was a member of the Fond du Lac Band of Lake Superior Chippewa.

Sharon (Langner) Loons,

age 80, of Blaine. One of the strongest women this world has seen passed away Feb. 4, 2019. She will be deeply missed by her children, Steve Bolander, Chris Bolander, Beth (PJ) Johnson, Mary Jansen, and Ben (Shannon) Loons; 11 grandchildren, 5 great-grandchildren; sisters, Lois Hendrickson and Marva (Bill) Nickson; brother, Mark (Debbie) Langner; many nieces, nephews and friends. She was a mom to many and welcomed everyone. Preceded in death by parents, Herbert and Lorraine Langner.

Mary Jo (Loons) Jansen, age 46, of Blaine. Another one of the strongest women this world has seen was tragically taken from us on Feb. 8, 2019, the evening of our mother's funeral. Mary was the epitomy of the word beautiful. She was tough yet tender, strong yet caring. Mary loved her children, family, and friends. She made sure everyone had whatever they needed before thinking of herself. Mary was gorgeous inside and out. Always

quick witted with a joke or one liner to make you laugh. She was a proud member of the Fond du Lac Band of Lake

Superior Chippewa and loved spending time up north. Mary was fun loving and enjoyed good times especially on a beach, at a lake or around a campfire. Preceded in death by mother, Sharon Loons; grandparents, Herbert and Lorraine Langner and Ben and Julia Loons; as well as many aunts, uncles, and cousins. Survived by children, Bradley, his girlfriend Nicole, and Emma; father, Richard Loons; siblings, Steve Bolander, Chris Bolander, Beth (PJ) Johnson and Ben (Shannon) Loons; sisterin-law, Shelley (John) Rowley; many nieces, nephews, cousins and countless friends. We will all miss you very much. "IT'S NOT GOOD BYE, BUT SEE YOU LATER." Service for Mary will be held at the Holy Family Church 11 a.m. Apr. 6, 2019.

Gerald "Jerry" Savage, 80, of Cloquet died Tuesday, March 5, 2019 in Community Memorial Hospital. Jerry was born December 24, 1938 to Lyzeme and Katherine Savage. He married Linda Martineau on August 11, 1990 in Sawyer.

Jerry served in the Army. In the late 1980's he moved back to Cloquet. He worked at Fond du Lac Big Bucks until moving to the new Black Bear Casino where he was promoted to gaming manager until his retirement.

Jerry was a member of the Fond du Lac Band of Lake Superior Chippewa and the FDL Elder Concern Group.

Jerry was preceded in death by his parents; six brothers, Blaze, Donald "Tony", Richard "Dick", Lyzeme Jr. "Sonny", Max and KO Savage; sister, Suzanne Savage; and mother-in-law, Loretta Martineau.

He is survived by his wife, Linda; sons, Gerald Jr., Lance, and Dwayne; step-son, William (Maureen) Wise, Jr; stepdaughters, Amy Wise and Heather Savage; brother, Russ (Linda) Savage; sister, Alice Savage Buck; father-in-law, Ferdinand Martineau, Sr.; 17 grandchildren, three of which he raised, Clair (Joe Deppa) Friedman, James Friedman and Joe Wise: two great grandchildren; and numerous nieces and nephews who he dearly loved.

Loretta C. Martineau, age 82 of Cloquet, passed away Thursday, February 28, 2019 at New Perspective Senior Living. She was born December 4, 1936 in Cloquet. Loretta was united in marriage to Ferdinand Martineau Sr. on February 22, 1954. She was a member of Fond du Lac Reservation and worked numerous occupations for the Fond du Lac Community.

Loretta was preceded in death





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by her parents, Angeline and Simon Barney; her biological father, Henry Sheehy; three daughters, Carolyn Martineau, Louella Peacock, and Cathleen Martineau: one grandson. Jay Smith Sr.; six brothers; 2 sisters; and a special dog, "Ava" She is survived by her husband, Ferdinand Martineau Sr.; two sons, Ferdinand (Betty) Martineau Jr. and Francis (Rita) Martineau; three daughters, Linda (Gerald) Savage, Juanita (Chris) Anderson, and Karen Martineau; one sister, Catherine Follett; 16 grandchildren; 33 great-grandchildren; 8 greatgreat-grandchildren; and numerous nieces and nephews.

Mary Servin of Loveland, Colorado, passed on February 23rd, 2019, surrounded by her family.

She is preceded in death by her mother Irene Mohr, her aunt and uncle, Punky and Bill Matthews, her daughter, MaryJane Servin and her grandson, Anthony Randolph.

She is survived by her husband, Tony Servin, her children: Anthony Servin jr., Theresa Servin and Josie Servin. Her grandchildren, Devin Servin and Lindsey Servin, Brett Servin, and Brennen Randolph, Jarrod, Patrick, and Kyle Collins, and Alexandra and Ramius Nerem. Her great grandchildren, Deklin and Levi Servin, Joseph Servin, and Ellie Collins.

Mary was feisty and full spirited and a true Leo: vivacious, stubborn, glamorous and fun. She loved her family and she was happiest surrounded by them. She loved her friends and was a social butterfly; her prescence was fiery and fun and brought love and laughter to everyone who knew her. Mary loved Tony with all her heart, and they were completely devoted to one another.

Brave beyond measure and unapologetically herself; a beautiful and strong woman. She cared about her friends and family with every fiber of her being.

She was very loved, and she will be very missed.

FDL job listings

FT: Full Time PT: Part Time For more information about any of these permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit

FT/PT/On Call

- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/ PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/ PT
- Store Clerk FDLGG PT
- Convenience Store Gas Attendant FDLGG PT

Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/PT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/PT Seasonal

- Golf Concession Sales Rep FT/ PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/ Housekeeper FT/PT
- Drop Team Worker FT

Fond-du-Luth

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/ Sub

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the

Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ARRELL, Lavonne ANKERSTROM, Arthur BAKKEN, David BARNEY, Jessica T. CICHY, Gerard CICHY, Leslie DEFOE, Richard HUCULAK, Daniel A. LAPRAIRIE, Robert MARZINSKE, Larry MCFADDEN, Barbara NELSON, Chester E. PARO, Javis POWERS, Lois A. RAISANEN, Molina RODAKS, Timothy SAVAGE, Mark SAVAGE, Terry B. SHABAIASH, Rodney SMITH, James L. SOULIER, Gary YEAZLE, Joann

Iskigamizige-giizis - Maple Sap Boiling moon- April 2019

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; BLH: Brevator Language House, CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division: SCC: Sawver Community Center. (218)878-8185: TRC: Tagwii Recovery Center: TCC: Tribal Center Classroom

RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom									
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
Multi- Industry job fair Apr. 10 11 a.m. BBCR	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Living well with diabetes 1 p.m. CCC Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m.	Treaty fishing rights page 6 Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Language 5 p.m. SCC	Come & Swim & use the gym We are Water page 6			
BBCK	1	2	3	4	5	6			
Come & Swim & use the gym	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Living well with diabetes 1 p.m. CCC Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Multi-industry job fair 11 a.m. BBCR Yoga 12 p.m. MNAW Cookings 12 p.m. CCC Adult game day 1 p.m. CCC GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Foster Care Training 4 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Elder pancake feed 8 a.m. CCC Language 5 p.m. SCC We are Water page 6	Come & Swim & use the gym Child Abuse Prevention walk 9:30 a.m. FDLHS Youth climate convening 12:30 p.m. FDLTCC			
7	8	9	10	11	12	13			
Come & Swim & use the gym Elder movie morning 11 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Urban Indian Advisory Board meeting 1 p.m. Living well with diabetes 1 p.m. CCC Elder Spring Banquet 4:30 BBCR	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m.	Sewing 9 a.m. CCC Biomass open house 10 a.m. SCC Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC Open RBC meeting 5:30 p.m. SCC AA Support 6 p.m. CCC We are Water page 6	Good Friday Oak Ridge Boys 7 p.m. BBCR	Come & Swim & use the gym			
14	15	16	17	18	19	20			
Come & Swim & use the gym Family movie morning 10 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC We are Water page 6	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Living well with diabetes 1 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW Book Club 12 p.m. BLH GED 2 p.m. SCC Men's Health Dinner 4 p.m. CCC Language 5 p.m. BCC Sobriety Feast 6 p.m. CCC	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Head Start Powwow 3 p.m. FDLHS Language 5 p.m. SCC	Come & Swim & use the gym Doll Making 9 a.m. CCC Wisdom Steps 2 p.m. BCC			
21	22	23	24	25	26	27			
Come & Swim & use the gym Elder movie morning 11 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Living well with diabetes 1 p.m. CCC	Elder pancake feed 8 a.m. Apr. 12 CCC	Child Abuse Prevention walk 9:30 a.m. Apr. 13 FDLHS	Elder Spring Banquet 4:30 p.m. Apr. 16 BBCR	Biomass Open House 10 a.m. Apr. 18 SCC			