# Nanadachivanong (Far end of the Great Lake) Dibahimounan





The FDL Health Fair June 12 was another big success. Photos by Emilee Dunaiski

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## Local news

## Another FACE year comes to a close







It is hard to believe that another school year has come and gone. We had a fantastic year with many successes. Graduating from the centerbase preschool and heading to kindergarten in the fall are Daxton Collins, Breelyn Hilsen, and Evelyn Martineau. We had one adult student, Jered King, receive his high school diploma. Congratulations to all of our 2014 graduates.

We ended our school year with our 3rd annual 5K Fun Run/2K Walk that was held on Saturday, May 31. Even though the weather was not the best, we had an awesome turn out and would like to thank everyone who participated. Thank you to the Fond du Lac Diabetes Prevention Program, the LCO FACE Program, and the summer youth staff for all their help at the run/walk. The FACE 5k overall winner was Connor Houle. Congratulations, Connor.

Above left: Charles Badmoccasin Jr.

Above right: Chelsea and Steve Davidson

Left: Payton Hakes on the teeter totter during the FACE BBO.

## Results of the 5k run:

Ages

18 & U: 1st Connor Houle – 23:30 2nd Christian Houle – 29:34 3rd Caden Grover – 45:00

19-30: 1st Keith Diver Jr. – 37:05

31-49: 1st Richard

Trotterchaude – 27:18 2nd Duane Persch – 30:29 3rd Jeff Agaton-Howes – 44:00

Women 5K Winners

19-30: 1st Chelsea Davidson – 26:29 2nd Tatianna Pollak – 33:26 3rd Nichole Diver – 35:38

31-49: 1st Jennifer Bartsch 29:38

2nd Jennifer

Trotterchaude – 32:18 3rd Jennifer Hakes – 34:20

50 +: 1st Michelle

Omundson – 33:37 2nd Valerie Lafave – 43:03

We also hosted our end of the year BBQ on Thursday, June 5, for our home-base and center-base families. B&B Market provided an awesome picnic lunch, and the families enjoyed tie-dyeing their FACE 5k Fun Run t-shirts, playing with bubbles, writing with sidewalk chalk, and playing on the playground. It was a great way to end our school year! Thank you to all who attended. You make our program a success! Have a wonderful and safe summer!

## Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to: Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

## Local news

## 36th Annual FDL health fair



Just some of the informational booths during the 36th annual FDL health fair. Photo by Gidget Netland.



This booth taught attendees of the health fair about the dangerous chemicals that stay in the environment. Photo by Gidget Netland.



From front to back: Callie Jo, Janise, Makayla, Jean, Tannia, and Shawn at the health fair.

#### Taking Care of your SELFie







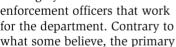


## A few thoughts from RBC members

From the Chairwoman

he Band contracted with the Upper Midwest Com-

Institute to undertake a review of the Fond du Lac Law Enforcement Department.
The report highlighted several areas. Firstly, it noted the extraordinarily dedicated and highly trained law enforcement officers the



focus is on the law enforcement needs within the borders of the Reservation, not in assisting other jurisdictions of Reserva-

tion. Currently, the FDL Law Enforcement Division interacts with St. Louis and Carlton Counties and the City of Cloquet. It did note that ongoing communication is needed among all jurisdictions about

ongoing roles and responsibilities given Fond du Lac's Mutual Aid Agreements.

The review also noted that the mission statement for the department needs updating, along with adding a visioning statement and the development of vearly goals. In order to move the department towards a more community policing philosophy, there should be additional training for the officers on the merits and methods of adapting the department towards being more proactive. This could include things like more activity at the community centers and officers assigned to geographical areas.

These departmental changes should be informed by an increased use of data. Between the three other jurisdictions. they use two different software programs for tracking the activities of their law enforcement departments. It was noted that Fond du Lac is doing well in tracking Reservation specific data using these two systems. The use of data could be improved with more training and increased communication with these other jurisdictions about Fond du Lac's data needs. The Fond du Lac Law Enforcement

Department is grateful for the feedback and direction, and will be making the recommendations in the report a priority.

Congratulations to David Tiessen Jr. on his re-election as the Sawyer District II representative.

As always, please let me know if you have questions or comments at the office (218) 878-2612 or by email karendiver@fdlrez.com.

Hope you're having a great summer!

#### From the Secretary/ Treasurer

Boozhoo,

he elections for 2014 are final. David Tiessen was re-elected to the position of District 2, Sawyer representative for the next 4 years. I congratulate you Dave on a successful campaign and look forward to working with you for the next 4 years. We have lots of work ahead of us now, so

For years now we have worked to get our people interested in education. All that work is beginning to pay

let's put the campaign

behind us and get to

off. In a recent meeting with our scholarship program we were looking at a potential over budget situation. That means that we spent almost \$900,000 to provide educational opportunities for students from FDL. I think that is a great problem and it is money well

> spent. That truly is an investment of our resources that will pay dividends well into the future not only for the student but for all of us.

My wife and I were invited to almost 20 graduation parties this year and we are

trying to make all of them. Some of the graduates are high school and it is nice to talk to them about their future plans

and see the pride and excitement in their eyes. Over the years I have had an opportunity to attend lots of these parties and developed a little speech that I give to them. It is something that is true each and every time that I attend these parties year after year. I tell them that the future is yours. You have the opportunity to become whatever you want. It will not always be easy, but, if you stick with it you will be successful. Take some time to decide what you would like to do and set your goals for yourself. Don't be afraid to change your mind if you see something that interests you more and never be afraid to shoot for the stars. And after you reach your goals never forget who helped you along the road and never

forget where you came from.

This past week I was invited to the Wisdom Steps conference in Morton, Minn. by some of the women that help to organize it. I asked what they wanted me to say as I figured they wanted me to speak. They said that it would be nice if I came, as I have been a big supporter of the program, to have dinner with them. I thought that was very nice so I went. During the 4.5 hour drive my wife and I talked about the program and how it had a grass roots beginning. It was a very small group of people on the reservation that began to provide some opportunities for elders to participate in exercise programs free of charge once a week. Now they have an organized fitness routine that

most of our elders participate in religiously several times a week. They provide workshops designed specifically for elders to address current issues. They have a fund raiser golf tournament to help defray some of their cost and even have a spot on the MN Board of Aging to address Indian concerns. I am a big supporter of them as they truly do walk with wisdom in their steps.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.

Gigawaabamin.



Ferdinand Martineau





## RBC thoughts continued

Wally Dupuis

## **Cloquet News**

Hello All

ummer is in full swing. Our community center has had great success at the Friday softball events. Participation is high and climbing. Our new batting cage was subject to high winds from a recent storm and is need of repairs but should be back up and in use as soon as repairs

are made. Other outside activities offered at the Cloquet Community Center include vouth softball games and practices, Disc Golf, and a horse shoe pit. We have dedicated and committed softball coaches for

each age group and the kids, parents, and grandparents are enjoying the activities. Once again, "Good Job" community center staff.

Our Duluth CAIR Clinic remodel/rebuild is in the early stages and an architectural firm has recently been chosen to do the design work. This is a needed upgrade to the CAIR facility, as their service delivery will be significantly upgraded. This is also a major upgrade for native people, Fond du Lac Reservation, as well as the City of Duluth.

Our Head start program is taking applications for enrollment as 89 students graduated this year from the head start program (Congratulations graduates). However, 32 students from the Early Head Start are moving up to the Head Start program, so space is limited, get your application in as soon as possible.

Our construction company has begun working and is almost at full force. They have started the Cartwright Road project, which will include a





biking/hiking trail and intersection project is now going to get underway this summer. This project too has been put on hold for some time so I am hopeful that it will actually get started. The construction company also has some other road projects as well as a water line extension project to complete this summer, so they will be busy and we are all looking forward to their accomplish-

As always please feel free to call or email me anytime! (218) 878-8078 work, (218) 428-9828 cell, or email wallydupuis@fdlrez.com

## Sally Ordway Irvine **Education Award**

**¬** lizabeth (Lyz) Jaakola is an Anishinaabe musician and educator from Fond du Lac won the Sally Ordway Irvine Education award. Her Indian name, "The lady who knows how to sing," has provided the guidance for her life's work. In addition, she earned both her Bachelor of Music in vocal performance and her Masters in Music from

the University of Minnesota-Duluth Her varied musical background helped prepare her for a career in music education and American Indian studies at Fond du Lac. Tribal and Community College, where she is a full-time faculty member and coordinates the Ojibwemowining Resource Center. Lyz ultimately chose a position as a music specialist at a tribal school before embarking on a performance journey and found teaching an equal challenge to opera, which

she also performs. Performing and writing in many styles and genres, she's difficult to pigeonhole, but these chameleon-like traits are only natural for a Native woman who readily embraces her mixed heritage.

Elizabeth's past includes performances at the Rome Opera Festival, choral music at Carnegie Hall, and performing as a traditional ceremony singer, jazz scat singer, blues siren and

regional soloist in venues throughout northern Minnesota. Her Native-based compositions have been heard on radio stations, television, video and stages near her home on the Fond du Lac reservation. Elizabeth has collaborated with the Arrowhead Chorale, the Echoes of Peace Choir, Minnesota Public Radio, Perpich Center for Arts Education and others to

broaden understanding of Oiibwe music through performance and curricular development. To promote further cross-cultural experiences, Lvz occasionally gigs with her blues band (Lyz Jaakola & the Smokin' Chimokes) or produces and directs various projects such as the Nammy Award-winning Native women's handdrum group, Oshkii Giizhik Singers, the Anishinaabe Youth Chorus, and Native music performances. As head researcher for the Emmy Awardwinning

"Ojibwe Waasa Inaabidaa" PBS documen-

tary series, Lyz learned valuable skills she is now passing on to students at FDLTCC in the Ojibwemowining Digital Arts Studio. Her busy schedule of teaching, performing, presenting and consulting is only made possible by the loving support of her husband, children, familv and the community of Fond du Lac.



FDL Veterans POWWOW July 11-13 MASH Ka Wisen For more information contact Chuck Smith (218 878-2670

## Etc

Apology

Our goal at the newspaper is to get the most important information out, and in doing so, some things get overlooked. Sometimes it's leaving a story out, sometimes it's taking an important flier or ad, and minimizing it down to just words (causing it to lose some of its eye catching features), but more often than I'd like to admit, it's errors in spelling or formatting.

Fran White once told me, the information is more important than a misspelling or a grammatical issue. She was speaking about candidate articles, but it really works well for anything in the newspaper. That being said, I would like to apologize to Christine Carlson, our research editor.

Each month massive amounts of her time goes into researching her articles, something all of us don't appreciate enough. The last two months errors occurred, but I would like to

assure you they are on my end, not hers. Christine does great work, and we all appreciate what she does.

#### Fond du Lac veterans housing

The FDL veteran's housing is now accepting applications for one bedroom units.

To qualify applicant must meet long term homeless qualifications, income, honorable discharge from the military.

For more information or to obtain an application please contact Metro Plains Management LLC (218) 878-3882 or fonddulac@qwest.net or www. metroplainsmanagement.com. Equal Opportunity Housing.

## Summer food program

The Fond Du Lac Ojibwe School is participating in the summer food program. Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color. national origin, gender, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the Fond du Lac Ojibwe School, Brookston Center, and the Sawyer Center from 11 a.m. to 1 p.m. Monday through Thursday starting June 9 and ending Aug. 21. Adults will be charged \$3.50.

Any person who believes he or she has been discriminated against in any USDA related activity should write immediately to USDA, Director, Office of Civil Rights, 1400 & Independence Ave, SW, Washington, DC 20250 – 9410 or call (800) 795-3272 or (202) 720-6382 (TTY).

#### Kindergarten begins Tuesday, Sept. 2

Kindergarten students will begin the 2014-2015 school year with two weeks of school readiness assessments, activities, and evaluations. Students will learn school and classroom expectations and have opportunities to demonstrate social, emotional, and academic readiness in a number of hands-on activities.

Kindergarten spots are limited, so please enroll your child now. Enrollment packets are available in the FDLOJS office.

Questions: Call (218) 878-7242

#### Ojibwe School board meeting May 15

Chairman Wayne Dupuis called the meeting to order at 12:05 p.m. Present at the meeting were Wayne Dupuis, Roberta Fox, Joyce LaPorte, Meredith Martin, Jeremy Ojibway, and Jean Zacher. Absent from the meeting was Debra Johnson-Fuller and Don Wiesen. Others present were Michael Rabideaux, Jennifer Johnson, and Barbara Dahl.

Meredith Martin read the Mission Statement and Vision. Joyce LaPorte made a motion to approve the agenda. Meredith Martin seconded the motion. Motion carried.

Approval of Minutes: April 8, 2014 - Meredith Martin made a motion to approve the minutes. Joyce LaPorte seconded the motion. Motion carried.

April 22,2014 School Board Training: Meredith Martin made a motion to approve the minutes. Joyce LaPorte seconded the motion. Motion carried.

Review the Ledger: The board reviewed the Ledger.

#### Supervisor Reports:

Michael Rabideaux, Superintendent: Superintendent's report is included under New Business on the agenda.

#### Jennifer Johnson, Principal: The Principal presented her report to the board. Topics shared were:

- Staffing: math coach Dawn Liimatainen resigned
- Attendance: 95%
- Enrollment: 252 students (K-3 with 107, 4-8 with 82, and 9-12 with 63)

#### Focus areas:

DI Reading: MCA testing completed. Last consultant visit May 7- 9, May 12–16 last NWEA test.

Math: MCA testing completed May 5-8 last NWEA test. Last consultant visit May 6-9

Science and STEM: STEM teacher will be implementing aeronautics. Eighth grade is building apps that focus on Ojibwemowin and culture. UMD Medical School gave a brain dissection presentation.

Social Studies: Teachers are implementing and aligning Ojibwe and other Native Nations curriculum to the MN State Standards Experiential Native American college readiness and historical sites trip to Mankato State and Sinte Gleska Universities.

Ojibwemowin: Working on standards and benchmarks for grades 5-8. Uploaded an audio Iskigamizigan word list. All staff has an Individualized Ojibwemowin Learning Plan.

Cultural Activities: Sugar Bush closed May 5, Circle of Life won 1st place at our JOM Quiz Bowl on May 2, Powwow

#### Black Bear hole in one Story and photo by Michelle DeMenge

Rebecca Lind of Cloquet shot a hole in one at Black Bear Golf Course on Tuesday June 3 on whole 6, it is a Par 3.

She is part of the Women's league which meets on Tuesday nights at Black Bear Golf Course, this is Rebecca's first year playing in the women's league at Black Bear and only the 3rd week into league.

Rebecca pulled her driver out to tee off and was so excited because she hit the green, all of a sudden Susan Niemi our opponent said "that just went in the hole" both Rebecca and I said "no way" we drove up to the green to look and sure enough there it was sitting pretty in the cup. I think the whole front half of the golf course heard us scream with excitement. I think she's hooked on the game. We have a great time.

Dan Walker our Golf Pro does a wonderful job with all the leagues that play at the bear.



Fond du Lac Band Members

Please watch for more information to come on our change from the

AccelaPav® to the new Focus Card M happening later

this year.

If your address has changed please

call Sharon at (218)878-7496 or Patti at (218)878-2674

## Etc

on May 3 had over a 100 dancers register and seven drums.

- Dan Anderson, Education Grants and Accountability Manager
- Sharon Belanger, Special Education
- Earl Otis, Athletic Program Manager
- Maria Defoe, Activities
- Lorraine Fosness, FACE The board reviewed staff reports submitted.

#### New Business:

2014/2015 School Operating Budget: Superintendent went over the cchool operating budget with the board. Went into discussion. Jean Zacher made a motion to approve the school operating budget. Jeremy Oiibway seconded the motion. Motion carried.

2014/2015 Student/Parent Handbook Revisions: School board committee met to revise the Student/Parent Handbook. The target is to have the changes done by July and printed in August.

FACE Continuing Application Packet: Meredith Martin made a motion to approve FACE assurances. Joyce LaPorte seconded the motion. Motion carried.

2014-2015 MSHSL Membership: Joyce LaPorte made a motion to accept the MSHSL Membership, Jeremy Ojibway seconded the motion. Motion carried.

#### Old Business:

School Board Training Consultant Contract: Chairman will notify Dawn Newman and set up a day and a half retreat for the board members in July. Technology Policy: Tabled

04-93 Parent Advisory Committee: Board will review.

Other:

until the next meeting

Sports Banquet: Tuesday May 20 all board members were invited

Graduation: May 23 all board members were invited.

Other: Secretary wants to step down as the Board Secretary. Jean Zacher made a motion to elect Don Wiesen as Secretary. Joyce LaPorte seconded the motion. Motion carried.

Other: Informational School Safety Update. Board member gave an update on safely issues they are working on through special funding.

Adjourn: Roberta Fox made a motion to adjourn the meeting. Meredith Martin seconded the motion. Motion carried. Meeting adjourned at 1:47 p.m.

Recorded by: Barbara Dahl. Submitted and approved by: Don Wiesen, Fond du Lac Oiibwe School Board Secretary.

#### **Tribal Court Notice** to Creditors

- In the Matter of the Estate of Karen Lvnn Defoe, Decedent. Case No.: PR-004-13 GENER-AL NOTICE TO CREDITORS.
- Notice is given that probate proceedings are pending in the Fond du Lac Tribal Court regarding the estate of Karen Lvnn Defoe.
- Any claims against the above-referenced estate must be filed on or before September 1, 2014 or the claims will be barred. All claims must be presented filed with the Tribal Court and provided to the personal representative by the deadline in order to be considered.
- The address of the personal representative of the estate is: Arlene Fay Londo, 240 Church Street, Naytahwaush, MN 56566.

• The address of the Tribal Court is: Fond du Lac Band of Lake Superior Chippewa, Tribal Court, 1720 Big Lake Road, Cloquet, MN 55720.

focus

1000 1234 5678 9010

#### Veteran's Housing open house

The Fond du Lac Veteran's Supportive Housing is hosting an open house during the Veteran's Powwow weekend Saturday July 12, from 1-4 p.m.

#### **Drivers Education**

The classroom portion of the drivers education class will take place July 7-22. Classes are Monday-Thursday starting at 4 p.m. in the Library Classroom. Students must be at least 15 years of age at the start of the class. The cost of the class is \$120.

Over-the-Road, instruction is offered after students receive their learner's permit. These classes are arranged on an appointment basis. The class fee is \$200.

The registration form is available on the FDL website in the Community Services section. Students who qualify for "Sports Funding" should meet with Wanda to complete the paper work. Other students need to pay the fee in the Enterprise Accounting Division and bring the receipt and registration form to Community Services. Fees need to be paid

before the start of class. Additional classroom instruction will be in the Fall and Winter.

#### Become a foster parent

Fond du Lac Reservation Foster Care Services is now accepting applications for Native American foster care providers residing either on or off the FDL Reservation.

For more information call (218) 879-1227. Foster a Future.

#### FDLHS now taking applications

Āre you interested in enrolling your child in Fond du Lac Head Start programs. Applications for the 2014-2015 school year are now ready. Returning HS and EHS children do not need to reapply. EHS children transitioning to HS will need to apply.

• Early Head Start Center Base-children 6 weeks to 3 vears of age

4000 1234 5678 9010

• Early Head Start Home Base— pregnant moms to 3 years of age

VISA

us bank

• Head Start children who will be 3 years of age by Sept. 1,

For more information call (218) 878-8100 or please stop by 33 University Avenue with a copy of your income (pay stub, taxes, per cap, etc.)

#### The moving wall

The Vietnam Combat Veteran's "Moving Wall" is a half size replica of the Vietnam War Memorial in Washinton D.C. created to comfort those who need to remember but are unable to visit Washington D.C.

The memorial, which is located in Sandstone, Minn. will be open 24 hours daily July 17-20 with the opening ceremony at 7 p.m. July 17, and the dedication ceremony Saturday July 19 at 11 a.m.



## John Arten

#### Research by **Christine Carlson**

Thile researching I would occasionally see this man's name and really wondered about him. Gradually I came to know of him and his important place in Fond du Lac Reservation history. John is also the half-brother of Willie Cadreau and grand-son of Chief Naganub.

John's mother was Louisa Naganab Cadreau and father Enoch Arten. John was born on Sept. 7, 1880 and died Feb. 6, 1960. He was buried in Klamath Falls, Oregon, His second wife was Elizabeth Fairbanks.

#### 1905 Wisconsin State Census for Superior, Wisc.

Listed is John Arten age 24 and his wife Christina Arten age 20. Their daughter Francis A. Arten is age 1. Also listed is John's brother Wm. C. Arten age 15 and a common laborer.

#### **Indians Plan Pow-Wow Will Dance 36 Hours Will Have** Delicacies - Duluth News **Tribune of Aug. 31, 1915**

Indians from the Head of the Lakes will gather on Wisconsin point next Saturday for one of the largest pow-wows held in the last decade, Charles Drew, a member of the committee in charge, announced vesterday. An attendance of 200 Indians is anticipated.

Dancing will begin Saturday evening and will continue until Monday morning, establishing a new record for one session of gaiety Drew said.

Indian corn bread and other Indian delicacies will be served. Drew declared that the committee has taken extraordinary precautions to prevent any liquor from being brought to the celebration.

The Students' Return association has charge of the celebration. The officers are John Lenue, president; John Arten, vice-president; W. Coffie, secretary-treasurer; Charles Drew and Sunny Guchu, committee members.

#### **Indian Agent Talks to his** 'Children'- Duluth News Tribune of Feb. 20, 1916

Urging the Indians in and near Superior to build homes, G. W. Cross, Indian agent, made an interesting talk to members of the Returned Indian Students' association in the home of John Arten at the East End last night.

More than 50 of Mr. Cross's charges heard his address, entitled, "Home Building."

"I would like to see all of you build homes on your land allotment," said Mr. Cross. "Go into farming, dairying or whatever in that line of life you think you would make the most of. It is a wonderful thing for a man to have his own home and each of you can have one by striving for it.

"There is a bill pending before congress which will make the payment by the government to Indians this year unusually large---\$150 per capita. All indication are that this bill will be passed without opposition."

#### Chippewa Indians Will Meet at Bemidii July 10 - Duluth News Tribune of June 9, 1917

Cloquet, Mn. Delegates from the Fond du Lac Indian village have been elected to attend the general council of Minnesota Chippewas which is to be held at Bemidji, Tuesday, July 10. The delegates are James I. Coffey, Joseph Drew, William Coffey ir., Frank LeDuc, Frank Conners, Frank LaRose, John Landry, David Ruttle, Joseph Diver, William Howes and William O. Coffey.

Alternates are: Joe Petite, Henry LaPrairie, John Conners, John O. Jibway, Joe DeFoe. Chiefs are: John Arten, Pete

LeMieaux Sr., Mike Diver, and David Annomossing.

#### World War I Draft Registration in Superior, Wisc.

John Arten, age 38 was employed as an engineer for the Great Northern Railroad in Superior, Wisc. His mother was listed as Louisa Cadreau.

#### Chippewas to be at Washington to Fight Bill from the Duluth News Tribune of Dec. 5, 1919

The state of Minnesota will be asked to pay the Chippewa Indian tribe, \$25,000,000 which the Indians assert they lost through the breaking of the treaty of 1889. John Arten, 1811 Broadway, Superior, left vesterday for Washington as a representative of the Chippewa tribe and will ask congress to force Minnesota to pay the Indians.

The Minnesota tribe of Chippewas has a membership of about 12,000. Many are living in Wisconsin.

#### Indian Tells of Complaints -John Arten who Represented Chippewas at Washington is Back - from The Superior Telegram of April 3-4, 1920

"For the first time in the history of Indian problems the Indians themselves have taken the advanced position of demanding that the barriers to progress and development that have been erected around their country by the Indian Bureau be removed," said John Arten, 1811 Broadway, who has just returned from Washington. He served as a member of the legislative committee of the Chippewa General Council of the Chippewa Indians of Minnesota at the capital for the last four months in the attempt of the tribe to gain their demands from the government.

#### Indians Seek to Recover Acres - Superior Delegate to Chippewa General Council Tells of Object of Meeting from Duluth News Tribune of May 31, 1920

John Arten 1811 Broadway, a member of the legislative committee of the general council of Chippewa Indians, will attend the meeting of Indians at the Fond du Lac reservation tomorrow, when delegates will be elected to attend the general council meeting of the Chippewas of Minnesota to be held in July in Bemidji.

"The big question at the meeting will be the recovery of 2,000,000 acres belonging to the Indians and which is now in the possession of the government under the United States forestry division" said Mr. Arten. "We also plan to

sue the government for the \$200,000 that has been given to the Indian agents uselessly every year.

"The Chippewas have a claim against the state of Minnesota for about 600,000 acres of land that the state is controlling as its own. This land is valued at from \$5,000,000 to \$6,000,000. We plan to recover this amount or part of it and the remainder of the land by instituting a suit but official action will be taken on this matter in July at the general council meeting."

#### **Duluth News Tribune – April** 25, 1921

Mr. Northrup announced an educational campaign in favor of granting the Indians their rights would be launched soon and that he will make a tour of the state in this behalf.

The Wanabosha club is named after one of the early Ojibways, first cousin to chief Naganub and of who Northrup is a descendant. Arten is a grandson of chief Naganub.

#### 1930 United States Federal Census for Superior, Wisc.

Head of the family is John Artus age 49 and a locomotive engineer for the steam railroad. His wife is listed as Elizabeth age 29. Their son is John and age 2. Twin children are also listed as Alan Bernard Arten and Lorraine Ann Arten age 11 months.

#### 1937 Fond du Lac Census for the Consolidated Chippewas

Number 19 is John Fay Arten age 56 who was born in 1880. He lived in Klamath Falls, Ore.

## FDL Law Enforcement news

## The following is a summary of about one month of select police reports

- May 1 Report of a vehicle deer accident near the clinic
- May 2 Report of found drug paraphernalia at the Tribal Center, was picked up and destroyed
- May 3 Report of a disturbance in Sawyer, female was upset and screaming which was disturbing the neighbors
- May 4 Report of an unwanted person at a residence in Sawyer, person was gone when police arrived
- May 5 Report of drug paraphernalia found at the gas and grocery, items were picked up and destroyed
- May 6 Report of a disturbance at supportive housing, female was arrested for disorderly conduct
- May 7 Report of a domestic on Jarvi Rd, parties were separated

- May 8 Report of a theft on Jack Pine Dr, cash was stolen from a purse; under investigation
- May 9 Gas drive-off at the gas and grocery
- May 10 Report of a shoplifter at the Sawyer Store, video was obtained and person was charged with theft.
- May 11 Animal complaint on Danielson Rd
- May 12 Report of property damage to a vehicle in Sawyer, under investigation
- May 13 Gas drive-off at the gas and grocery
- May 14 Report of damage to property at a house in Sawyer, under investigation
- May 15 Report of drug paraphernalia found in bathroom of Sawyer Store, paraphernalia was destroyed
- May 16 Report of two vehi-

cle collision, friends backed into each other; information was exchanged

- May 17 Report of a domestic on Danielson Rd, female had left to a house in town; male lodged at jail for domestic assault
- May 19 Gas drive-off at the gas and grocery
- May 21 False alarm at the clinic, officers cleared the doors of the building to make sure all was secure
- May 23 Report of an intoxicated person at Black Bear, female was left with friends to make sure she could sober up
- May 25 Report of suicidal threats on Danielson Rd, male was located and brought to hospital
- May 27 Report of a possible gas leak on Reservation Rd, officers checked area all was normal

### Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur BREWER, Devereaux CICHY, Gerald CICHY, Leslie DEFOE, Richard LAPRAIRIE-COLUMBUS, Elizabeth LAPRAIRIE, Robert LOUDEN, Irene MARZINSKE, Larry MAXWELL, Lorraine OJIBWAY, Jeffrey PEQUETTE, Richard QUINN, Joseph STAR, Ione

## Minnesota Board of Social Work Governor

Back in June of 2013
Donna Ennis, now a
Fond du Lac employee,
was appointed as Governor of
the Minnesota Board of Social
Work. The Board of Social
Work is an agency of the State
of Minnesota, and its primary
responsibility and obligation is
to protect the public by regulating the practice of social work.

The Board protects the public by ensuring that all persons licensed as social workers meet a minimum set of standards and by investigating complaints against social workers and their practice.

As a result of Donna's hard work on the MN BOSW she has been asked to represent the State of MN on a national committee for the Association of Social Work Boards.

The Association of Social Work Boards (ASWB) is the nonprofit organization composed of and owned by the social work regulatory boards and colleges of 49 U.S. states, the District of Columbia, the U.S. Virgin Islands, and all 10 Canadian provinces. They are

the only nonprofit organization dedicated to social work regulation. Their mission is to strengthen protection of the public by providing support and services to our member boards.

The committee that Donna serves on is the Approved Continuing Education (ACE) program. The Approved Continuing Education (ACE) program was created to help licensing boards evaluate a CE provider's ability to supply social workers with effective, relevant continuing education. ACE approval demonstrates that a provider has been rigorously reviewed and found to offer quality continuing education according to best practices.



New immunization laws for schools, child care and early childhood programs begin September 2014

On Sept. 1, 2014 changes to Minnesota's Immunization Law will take effect. The changes were made to be more closely aligned with the current Advisory Committee on Immunization Practices (ACIP) recommendations. Medical and conscientious exemptions are still allowed under the current law.

#### New Vaccine Requirements

The new vaccines that will require documentation of immunization or legal exemption include:

- Hepatitis B: For all children over 2 months old enrolled or enrolling in child care or an early childhood program.
- Hepatitis A: For all children over 12 months old enrolled or enrolling in child care of early childcare program.
- •Tdap: For all students entering seventh grade. Students in 8th-12th grade must show documentation if the school requests it. This replaces the Td immunization requirement.
- Meningitis: (meningococcal)- For all students entering seventh grade. Students entering 8th-12th grade must show documentation if the school requests it.
- \*For more information on current immunizations laws, please visit the website: www. health.state.mn.us/immunize

or call the immunization program at 1-800-657-3970

Please contact Min No Aya Win or the CAIR Clinic to schedule your Head Start physical exams, sports physicals, Child and Teen Check-ups and Immunizations for the 2014/2015 school year. Don't delay, call today.

## 2014 HS needs assessment

The Fond du Lac Human Services division has been conducting a biennial community needs assessment to gather feedback about services, programs, and areas to concentrate on since 1979. Phil Norrgard, Director of Fond du Lac Human Services added, "The results of the survey are invaluable as we plan our next steps. We are here for the community and are always excited to see what information they give us through the needs assessment." Along with being useful to Human Services leadership, the results will also be made available to the public this fall.

This year there will be a drawing for several incentives as a thank you for participating. At the end of the survey participants will have the option to enter their name in the drawing. Winners will be notified once the survey is closed. Incentives include a Pendleton blanket, a Fitbit Flex, rounds of golf at the Black Bear Golf Course, and gift baskets.

The needs assessment will be available online this year. Participants will be able to access the survey from any internet connection including the public computers in the community centers or public libraries. It can also be done from the comfort of your own home. Those that want to complete the survey on paper can contact the research team at hsdneedsassessment@fdlrez. com or (218) 878-2660.

#### Contract Health Services descendent eligibility

Because of its trust responsibilities to provide health care to American Indians, the federal government included several provisions in the Affordable Care Act that are American Indian specific. One of these provisions is the ability for American Indians enrolled in a federally recognized tribe to enroll in a qualified health plan (OHP) at any time throughout the year. This provision does not apply to descendents of American Indians enrolled in a federally recognized tribe.

Descendents are only able to enroll in a QHP during the open enrollment period. For the coverage year of January 1, 2014 through December 31, 2014, the open enrollment period ended March 31, 2014. Any descendent who does not enroll in coverage, either public or private, may face a tax penalty (Shared Responsibility Payment), and may risk their Contract Health Services eligibility.

For decades, Contract Health Services has served as a payer of last resort. With the new methods of securing private insurance at no cost to Indian patients, Contract Health Services dollars will only be used for those individuals who comply with all of the rules related to acquiring health insurance coverage. This includes completing the application process for public and private medical insurance through MNsure, Minnesota's new Health Insurance Marketplace.

Because of the confusion surrounding the ACA in general, and the lack of American Indian specific outreach and education, Contract Health Services eligibility for descendents will not be affected by nonenrollment in a OHP for the 2014 coverage year. The open enrollment period for 2015 coverage begins November 15, 2014 through February 15, 2015. Descendents who do not complete the application process during this time will not be eligible for Contract Health Services beginning January 1, 2015. Please keep in mind that individuals must apply for Medicaid and MinnesotaCare at any time throughout the year to determine eligibility.

To ensure you and your family's CHS eligibility, please stop in to Min No Aya Win or CAIR to see a FDL Patient Advocate or call them at (218) 878-2165.

## Biomonitoring chemical highlight: Cadmium

Cadmium is a metal and a natural part of the Earth. It is used in many industries and products. Cadmium gets into the soil, water, and air from mining, industry, and burning coal and household garbage. Once released to the environment, cadmium does not disappear. Fish, plants, and animals absorb cadmium from the environment.

Cigarette smoking is the biggest source of cadmium for most people. Smokers have twice as much cadmium in their bodies as non-smokers. In non-smokers, diet is often the biggest source of cadmium. Tiny amounts of cadmium are found in all foods. Some foods, like shellfish, liver or kidnev meats, contain higher levels of cadmium. Workplace activities (such as battery manufacturing or metal soldering, plating, and welding) may be a source of cadmium for some people.

Cadmium can damage the kidneys, lungs, and bones; it can cause cancer. It can also affect brain development in babies and young children.

A small amount of cadmium can pass from a pregnant woman's body into her unborn baby. If you smoke, stopping will help keep cadmium from reaching your unborn baby.

Women who are pregnant or have given birth are often low in calcium and iron. Low iron and calcium increases the amount of cadmium in your body. Eat foods high in iron and calcium if you are pregnant or have given birth.

No effective treatment for removing cadmium in the body exists. You can take action to lower your level of cadmium by identifying sources of exposure and removing or reducing exposure.

To avoid exposure to cadmium:

 Do not smoke commercial tobacco. Smoking doubles the amount of cadmium in



your body.

- Avoid eating large amounts of kidney and liver. (Cadmium does not build up in the muscle or meat of wild game)
- If you work with cadmium, take precautions to avoid contact. Avoid bringing cadmium-containing dust home to your family on clothing, skin, and hair.

#### Summer Fun Bv Kara Stoneburner, RDLD,

Public Health Dietitian

It's warming up outside and many people are heading to the beach to cool down. However, a day of swimming and relaxing at the beach can turn ugly if proper precautions aren't taken. Think hydration, nutrition and protection before heading to the beach.

#### **Hydration:**

Water is the best choice to drink on a hot day. About 60% of an adult's body weight is water. Every system in the body depends on water. Not enough water can lead to dehydration. Dehydration can prevent your body from functioning properly; it can drain your energy and make you feel tired.

On a hot day water can be lost through normal body functions such as breathing and sweating. Fluids lost need to be replaced. The Academy of Nutrition and Dietetics recommends adults drink 8-10 glasses of water a day. Adjustments are necessary for hotter temperatures, exercise, illnesses, and health conditions. Don't wait until you are thirsty to drink. Drink water frequently while

outside in hot temperatures.

It's best to avoid alcohol. Alcoholic beverages may sound refreshing on a hot day, but they increase the dehydration process.

Signs of dehydration include:

- Thirst
- Headache
- Dry, sticky mouth
- Decreased urine output
- Sleepiness or tiredness
- Dizziness or lightheadedness
- Constipation

Mild dehydration can be treated by drinking water. More severe symptoms (rapid heartbeat, lack of sweat, delirium) are a medical emergency. Children and older adults are most vulnerable to dehydration and should be watched closely.

#### **Nutrition:**

Spending all day on the beach swimming and playing can really work up an appetite. Be prepared and save money by packing foods that can safely sit out in warmer temperatures. Some examples include:

- Dry roasted nuts
- Whole grain crackers
- Pre-washed and cut fruits and vegetables
- Trail mix
- Granola bars
- Dried fruit
- Pretzels



Be sure to use a cooler with ice for any perishable foods and the water bottles.

#### Sunburn:

Sunburn hurts! Surprisingly, you can get sun burnt even on a cloudy day. To help protect against sun damage apply sun block before going outside. Bring it with to reapply. Using a sunscreen that protects against both UVA and UVB rays is important. Most people can get by with a SPF (sun protection factor) of 15. People with fair skin, a family history of skin cancer or conditions like lupus should consider a SPF of 30 or higher. Apply a thick layer of sun block and reapply often. Reapply at least every two hours, more often if swimming or sweating. Sun screen will rub off when you towel dry so be sure to reapply after drying. Other good sun protection ideas include wearing a long-sleeved shirt, a wide brimmed hat, sunglasses and

limiting sun exposure during midday (10 a.m.-4 p.m.).

Being prepared can help make the day a success. Have fun! Sources include: Mayo Clinic, the Academy of Nutrition and Dietetics and the American Cancer Society

#### **WIC Program**

Women, Infants and Children Nutrition Program (WIC) is a supplemental nutrition program that offers tips and advice to help families eat well and stay healthy. It does not provide all of your food needs for the month. The WIC program provides:

- Nutrition education
- One-on-one counseling about nutrition
- Vouchers to buy food (Range between \$35.00 \$190.00/ month)
- Support and help with breastfeeding
- Referrals to health care, immunizations, and other

programs

#### Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants from birth to 1 year of age
- Children from 1 year of age to their 5th birthday.

To get WIC you need to have a nutritional and/or medical need and meet the WIC income guidelines. All WIC participants must have an initial appointment to determine eligibility for WIC.

Contact the WIC office for further information on WIC or a voucher pick up schedule: Laura Garza, PHN, CLC: MNAW (218) 878-2147 or CAIR (218) 279-4135. Kara Stoneburner, RDLD, CLS: MNAW (218) 878-2183 or CAIR (218) 279-4060.

WIC Program is an equal opportunity provider and employer.

## Ashi-niswi giizisoog (Thirteen Moons)

## Aabita-Niibino-giizis

The new Aabita-Niibino-giizis, Mid-summer moon, begins July 26th. Other names for this moon are Miini-giizis. Blueberry Moon: Miskomini-giizis. Raspberry moon and Baashkawe'o-giizis. Flying moon.

## Brookston Center Biochar Garden

By Nikki Crowe

ast year staff members, Bryan Bosto and Cody Ojibway from the Brookston Community Center and Fond du Lac Master Gardeners (Danielle Diver, Nikki Crowe, Shannon Judd, and Dawn Newman) worked with Minnesota Master Gardener, Julie Weisenhorn on planting an experimental garden to test the use of biochar as a soil amendment for home gardens. Biochar is the carbon, a porous material, left over from biofuels like switch grass, Panicum Virgatum.

So far studies have shown that biochar helps hold water and nutrients in the soil and offers a larger yield for some plants. Fond du Lac was chosen as a site for its sandy soils. Unfortunately, last year we discovered the first garden site was on top of an old cement slab so a new site was

chosen just
east of the
Brookston
Community
Center for
this year's
site. At the
site we have
3 plots that
include a
control plot
with no

biochar, a ½
pound biochar amendment plot and a
1 pound biochar amendment plot.
In moving the rose bushes to the
new site we observed that the rose



Pictures courtesy of FDL Master Gardeners and Julie Weisenhorn

bushes that were planted in the 1 pound biochar plot were tougher to dig up due to a larger root system compared to the other 2 plots that only had either ½ pound biochar

amendments added to the soil or the control plot that had no added amendments of biochar. This observation correlates with what the studies have shown; however, seeing the difference

first hand was exciting and made it worth all the efforts to plant and care for the garden site.

The new site was planted June 12, a

cool, cloudy, and windy day, a perfect day for planting the following crops for the biochar study: lettuce, carrot, basil, zinnia, beans, potato, peppers, tomato, kael, cucumber, gazania, salvia, asparagus, and roses. We will be collecting data throughout the summer on the 3 plots and sharing what we learn from this year's yield in upcoming articles.

CenUSA Bioenergy is supported by Agriculture and Food Research Initiative Competitive Grant no. 2011-68005-30411 from the USDA National Institute of Food and Agriculture.

#### Fond du Lac Waste Management Site Summer Hours

Monday – Friday 8:00am – 6:00pm Saturday-Sunday 8:00am – 4:30pm Closed Holidays







#### **Upcoming Events:**

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

## Ashi-niswi giizisoog Ojibwemowin Page

#### Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

#### **Double Vowel Chart**

This is how to pronounce Ojibwe words. All consanants sound the same as in English.

"Zh"- sounds like the "su" in measure "a"- sounds like the "u" in sun "aa"- sounds like the "a" in father "i"- sounds like the "i" in sit "ii"- sounds like the "ee" in feet "o"- sounds like the "o" in go "oo"- sounds like the "oo" in food "e"- sounds like the "av" in stay

#### Four Races

African American(s)- Makade-Wiiyaas(ag) Asian(s)- Aniibiishike-inini(wag) European(s)- Gichi-mookomaan(ag) or Wayaabishkiwed(waad) Indian(s)- Anishinaabe(g)

Source: www.ojibwe.org/home/pdf/ojibwe\_beginner\_dictionary.pdf

Ν R P N M A NΗ Α 0 NΧ G Α Α G Α Τ Α Y ZВ ΑK W Α 0  $\mathbf{E}$ Μ Ι Ν D D NLB Ζ Η 0 Ε X A H $\mathbf{E}$ Υ Ι 0 Η МВ Ε Η S ΜЕ Η Ν Ι Χ S S S F Η Μ W Χ S Ν Α K 0 HVANDDOB

# Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle

\*NOTE: Toe, Niibinaakwaanizidaan is not in the puzzle. *Source:* 

www.ojibwe.org/home/pdf/ojibwe\_beginner\_dictionary.pdf

## Ojibwe Wordlist

Arm	Ninik
Back	Nipikwan
Ear	Nitawag
Eye	
Finger	
Foot	
Head	
Heart	
Hand	
Leg	
Mouth	
Nose	
Stomach	
Toe*	
Tongue	

# Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births. engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names. including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on July 18, 2014 for the August 2014 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@ fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy belated 5th birthday to Tv Stiffarm (June 10). We love you son/big brother! Such a strong and fun spirit. Hope vou have a wonderful birthday.



Love always, mom. dad. Riah. and Paeton, also, Nana, Pam, and aunties.



Happy "golden" birthday to our little bugger boy. Kason James Diver (July 3). we love you so much.

Love, mom, dad, and Keith

Happy birthday to Carole Anderson (July 7) who'd turning 80. Love, Nancy, Terry, Sarah, and John

Happy birthday to my beautiful sister Hannah Tibbetts (July 15). You mean the world to me, sister. I love you so much. Happy birthday to my beautiful mom, Mary Tschida (July 23). I love you to the moon and back. I am so grateful for you.

Happy birthday to my little sister **Hannah Tibbetts** (July 15), you are one of my best friends and we love you. I hope you have a great birth-

Love, Sophie and Sewell

Happy golden birthday to Trev Kettelhut (July 20), we love you and hope you have a great day. Mom and Alexis



Happy birthday to our auntie Alvssa Savage (July 22), we love you oh so much. Love. Dannintello and Sonny

Happy birthday and congrats on passing your RN boards Alvssa Savage (July 22) Love your family, Phil, Dylan, Alvza

Happy Birthday to my mom, Mary Tschida (July 23), thank you for being the best mother anyone could ever have and such a wonderful grammy. We love you. Love, Sophie and Sewell

Happy birthday to Jay Hooey (July 23) the best big brother in the world

Love, Sue and Linda



Happy 22nd birthday Kwanita White (July 24) Love grandpa big Jer, Jerome, mom and family, Julie,

Sonny, and family, and uncle Jerry

You are my friend, my spirit, my influence towards success, out of all the things you are to me. I love most of all that you are my momma. There is no replacement for you and I cherish every day with you. Happy birthday to my

momma Sandi Savage (July 26)

Love always, Patti Jo Happy birthday to the best grandma in the world, Sandi Savage (July 26) Love, Dylan, Muffy, Delilah,

Dannin, and Sonny Happy birthday to our won-

derful mother and grandmother Liz Diver (July 26). hope you have a fantastic day. Love you, Richelle, Mike, and family

Happy 21st birthday Branden King (July 28) Love grandpa big Jer. Jerome. Nikki, and family, mom, Sonny, and family, uncle Jerry



#### Memorial

In loving memory of **Jamie** Marie Clark (Mar. 31, 1981 to June 1, 2012)

Jamie two years have gone by, we love and miss you each and every day. You're always in our thoughts and on our minds. Forget you Jamie, NO, we never will. We were so blessed on the day you joined our family. Jamie we love you today, tomorrow, always. You're like an angel although we don't see you, we know you're with us. When we think and talk about you we get all teary eved, Jamie vou meant the world to us. There will always be that empty space in our hearts until one day, we will be family again. We love and

miss vou.

Sadly missed by, Marge and Ken Clark

Clinton "Buggsv" Wait Jr passed away 5 vears ago (July 7, 2009). Many vears have



passed but still it seems like vesterday. We miss and love vou so much uncle. Life surely will never be the same without vou. I know vou're up there playing your guitar looking down on us singing your beautiful songs. We will see you again someday but until then rest easy and sing vour heart out. Love always, your nieces and sister-in-law, Brooklynn, Megan, Amber, and Pam.

In loving memory of **Arnold F. Bassett** who passed away July 19, 2012. You are missed everyday but we know you are resting in peace.

Love always, Carolyn, Rick, Brenda, and Lynn

Summer Food Program Monday - Thursday

11 a.m. - 1 p.m. Through 8/21/14 OIS BCC FCC



## You & Your Community

FDL Ojibwe School Nandagikendan field trip









## Aabita-Niibino-giizis – Midsummer Moon – July 2014

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing; CHS: old FDLSS door; MTC: MN Chippewa Tribal building; ALR: Assisted Living Residence; CHS: Cloquet High School

TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing; CHS: old FDLSS door; MTC: MN Chippewa Tribal building; ALR: Assisted Living Residence; CHS: Cloquet High School								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
July 11	WWOW . — 13, 14	WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC Ball practice (ages 7-10) 4:45 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern 10 a.m. CCC Teen dodgeball 12 p.m. CCC Baseball practice (11-13) 4:45 p.m. CCC 2	Disc golf 12 p.m. FDLOJS Youth dodgeball 3 p.m. CCC Water aerobics 5 p.m. CCC Ojibwe language table 5 p.m. CCC	Have a safe July 4th Centers closed	5		
6	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC T-ball practice (4-6) 4:45 p.m. CCC	WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC Caregiver Support Group 12 p.m. CHS Ball practice (7-10) 4:45 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern 10 a.m. CCC Teen dodgeball (11-13) 12 p.m. CCC Baseball practice (11-13) 4:45 p.m. CCC	Youth dodgeball 3 p.m. CCC Water aerobics 5 p.m. CCC Ojibwe language table 5 p.m. CCC	Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Youth swim 12:15 p.m. CCC Ball practice (18 + up) 5 p.m. CCC POWWOW Grand Entry 7 p.m. MKW Big & Rich 7 p.m. BBCR	POWWOW MKW  Showers open for POWWOW 8a.m. CCC Pool open 12 p.m. CCC Library 11:30 a.m. CCC		
POWWOW MKW  Showers open for POWWOW 8 a.m. CCC Pool open 12 p.m. CCC Library 11:30 a.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC Cooking Class 12 pm. CCC T-ball practice (4-5) 4:45 p.m. CCC Cribbage 5 p.m. CCC	WIC 12 p.m. MNAW AA/NA support 12 p.m. TRC Parenting the 2nd Time Around 1 p.m. CHS Ball practice (7-10) 4:45 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern 10 a.m. CCC Baseball practice (11-13) 4:45 p.m. CCC	Disc golf 12 p.m. FDLOJS Youth dodgeball 3 p.m. CCC Water aerobics 5 p.m. CCC Ojibwe language table 5 p.m. CCC	Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Youth swim 12:15 p.m. CCC Ball practice (18+) 5 p.m. CCC	Saturday night Under the Lights ball tourney 7 p.m. CCC Get your FDL team together.		
13	14	15	16	17	18	19		
FDL Family Movie morning 9:30 a.m. Premiere	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC T-ball practice (4-6) 4:45 p.m. CCC Cribbage 5 p.m. CCC	AA/NA support 12 p.m. TRC Ball practice (7-10) 4:45 p.m. CCC LAX Camp 8 a.m. Call Bryan Bosto 878-8048	Water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern 10 a.m. CCC WIC 12 p.m. MNAW LAX Camp 8 a.m. Call Bryan Bosto 878-8048	LAX Camp 8 a.m. Call Bryan Bosto 878-8048 Ojibwe language table 5 p.m. CCC	Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Youth swim 12:15 p.m. CCC Ball practice (18+) 5 p.m. CCC	FDL Police Department BBQ at FDLOJS ball field: all welcome		
20	21	22	23	24	25	26		
	AA/NA support 12 p.m. TRC T-ball practice (7-10) 4:45 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cooking Class 12 pm. CCC Ball practice (4-6) 4:45 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern 10 a.m. CCC Teen dodgeball (11-13) 12 p.m. CCC	Youth dodgeball 3 p.m. CCC Water aerobics 5 p.m. CCC Ojibwe language table 5 p.m. CCC	CCC Gap Camp 7:45–10 a.m. & 3-5 p.m. M-Th – Fridays			

"Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities."

Baseball practice (11-13)

Sobriety Feast 6 p.m. CCC

30

4:45 p.m. CCC

29

27

28

7:45 a.m. to 5 p.m.

Camp is currently full.

31